

Safety Statement.

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Introduction

1.1 The purpose of the Safety, Health and Welfare at Work Act 2005, is to ensure the safety, health and welfare of all employees in the workplace. The Act applies to employees in all types of work and embraces all the activities in Precious Children Daycare.

1.2 In compliance with the Act, the Centre name has prepared a written Framework Safety Statement describing the employer arrangements and the employee cooperation necessary to achieve this purpose. In addition, the Framework Safety Statement outlines Precious Children Daycare's policies on occupational health and safety matters and defining the necessary management structure for the implementation of these policies. Specific health and safety issues of relevance to Precious Children Daycare as a whole are detailed in this framework safety statement.

1.3 In compliance with the Framework Safety Statement, Precious Children Daycare has prepared our own local safety statement, documenting our own hazards, risks, risk control protective and preventive measures and resources for ensuring a safe and healthy work environment.

1.4 This Safety Statement is aimed at protecting employees, carers, children and visitors from potential injury or ill-health arising from our work activities.

1.5 This Safety Statement will be updated as necessary in light of new legislation, staff feedback, childcare structural changes and practical experience. In addition, the Safety Statement will be reviewed annually.

1.6 This Safety Statement is available to Management and to all employees, visitors at Precious Children Daycare.



1.0 Statement of Safety, Health & Welfare at Work Policy

KEY ACTIONS REQUIRED:

As an employer we have the ultimate responsibility for the workplace and a direct influence on health and safety in my / our business. The health and safety policy below outlines our commitment to ensuring that the workplace is as safe and healthy as reasonably practicable and that all relevant health and safety legislation is complied with.

2.1 The policy of Precious Children Daycare is, in so far as is reasonably practicable, to ensure the safety, health and welfare at work of all our employees and further to ensure that persons not in our employment, who may be affected by the work activities are not thereby exposed to risks to their safety and health.

2.2 In particular Precious Children Daycare recognise our express responsibilities under Section 8 of the Act, will provide the necessary resources, structures and procedures required to safeguard our staff and visitors against the risks arising from activities in our workplace.

2.3 Precious Children Daycare considers that it is the strict duty of all staff to conform to childcare safety policies and practices and to carry out their responsibilities as detailed in this document and in accordance with any other relevant legislation. Staff members with specific responsibilities for safety, health and welfare must properly delegate these in their absence.

2.4 In addition to reviewing this Safety Statement, each employee is expected to make himself/herself familiar with Precious Children Daycare Framework Safety Statement. The Framework Safety Statement is available from management.

2.5 Staff who fail to cooperate with safety procedures may be subject to the normal disciplinary procedures.

2.6 Precious Children Daycare welcomes feedback from staff regarding any aspect of this document or any other health and safety concerns.

2.7 The safety statement is maintained and updated, risk assessments are carried out and reviewed as required and brought to the attention of all employees at least annually.

2.8 Identified protective and preventive measures are implemented and maintained

2.9 Improper conduct likely to put an employee's safety and health at risk is prevented.



2.10 A safe place of work is provided, which is adequately designed and maintained.

A safe means of access and egress is provided. Safe plant and equipment are provided. Safe systems of work are provided. Risks to health from any article or substance are prevented. Appropriate information, instruction, training and supervision are provided Where hazards cannot be eliminated, adequate arrangements, including the provision of suitable protective clothing and equipment, will be put in place to reduce the risk of injury Emergency plans are prepared and revised Welfare facilities are provided and adequately maintained.

Competent personnel to advise and assist in securing the safety, health and welfare of our employees are employed when required.

Feedback in this regard should be directed to the Manager.

Signed Date.....



2.0 Scope of Safety Statement

KEY ACTIONS REQUIREMENT:

Input relevant details relating to the business / company name, address and any relevant contact details.

This safety statement deals in the mainly with the health and safety issues that fall within the remit of Precious Children Daycare.

Our staff offices and operations are located at the following addresses:

- NAME: Precious Children Daycare
- ADDRESS: 8 St. Marys Road, Walkinstown Road, Crumlin, Dublin 12. 37 Ravensdale Park, Kimmage, Dublin 6W
- CONTACT NUMBER: 01-4067799 / 014416182
- WEBSITE; <u>www.preciouschildrenday.ie</u>
- EMAIL: info@preciouschildrendaycare.ie

The scope of our operations includes childcaring, providing breakfast Club sessional care and after-school care at our different facilities, with transportation to and collection from many of the local schools.



3.0 Health and Safety Management Structure and Responsibilities

KEY ACTIONS REQUIRED:

Registered provider: The person whose name is entered in the register in line with section 58C of Part 12 of the Child and Family Agency Act 2013 as providing an Early Years' Service. The registered provider is the person who has signed the registration application form and is legally responsible for operating the service in compliance with the legislation under the 2016 Regulations and the Act.

KEY ACTIONS REQUIRED:

While the responsibility for managing health and safety in the workplace rests mainly with the employer, it is important to note that both employers and employees have responsibilities.

Names	Job Titles	Responsibilities	Location
Caroline	Service Provider	Detailed list of service providers	St Marys / Ravensdale
Cummins		and manager responsibilities are	Park
		listed below.	
Deborah	Person In	Detailed list of service providers	St Marys
Mahar	Charge/ Safety	and manager responsibilities are	
	Officer	listed below.	
Michelle	Safety	Detailed list of safety	Ravensdale Park
Chandler/	Representative/	responsibilities is listed below.	
Ciara	First Aid Officer		
Lawlor			
Deborah	Safety	Detailed list of safety	St Marys
Mahar/	Representative/	responsibilities is listed below.	
Ciara	First Aid Officer		
Lawlor			
Deborah	Fire Officer	Detailed list of safety	St Marys
Mahar/		responsibilities is listed below.	
Ciara			
Lawlor			
Michelle	Fire Officer	Detailed list of safety	Ravensdale Park
Chandler/		responsibilities is listed below.	
Ciara			
Lawlor			
All team	First Aider	Detailed list of safety	Ravensdale Park
members		responsibilities is listed below.	
Deborah	Food Officer	Detailed list of safety	St Marys
Mahar		responsibilities is listed below.	Ravensdale Park



Kathryn	Health and	Detailed list of safety	St Marys
Cummins	Safety	responsibilities is listed below.	Ravensdale Park
	Consultation		

4.1 In accordance with the Framework Safety Statement, the manager as part of his/her management function, is responsible for ensuring, so far as is reasonably practical, the health and safety of persons working, studying or visiting Precious Children Daycare.

In particular the Employers which is the **<u>Registered Service Provider is responsible for the</u>** <u>following:</u>

- 1. To ensure that we have prepared a Safety Statement relevant to our operations which complies with Section 20 of the Safety, Health and Welfare at Work Act.
- 2. To ensure that the safety statement is reviewed at least annually and that the Health and Safety Steering Group is notified that the review has been completed and is provided with any updated document which may result from such a review.
- 3. To ensure that all hazards are identified, and risks controlled.
- 4. To ensure that regular safety inspections/audits are carried out to monitor compliance with the Safety Statement and legal requirements and to ensure appropriate follow-up action is taken.
- 5. To investigate all accidents to staff /visitors in their area of responsibility and to complete the Injury/Incident Report forms as appropriate.
- 6. To ensure that the Evacuation and First Aid Procedures are implemented and that sufficient Fire Wardens/First Aid personnel are available.
- 7. To ensure that staff are appropriately trained to carry out their duties safely and to ensure the attendance of staff at designated training courses as appropriate.
- 8. To ensure that children are adequately supervised. (Adequate level of supervision to be determined having regard to the age, level of experience and status of the child).
- 9. Based on risk assessment, to arrange for the provision of adequate and appropriate personal protective equipment for employees.
- 10. To notify the management of any health and/or safety issues arising within their area of operation requiring action/input to resolve.
- 11. To ensure that all contractors carrying out work in their area operate under the Office Permit to Work system.

KEY ACTION REQUIRED:

We, as the employer, are legally obliged to ensure that persons are nominated and made responsible for tasks assigned to them:

We shall identify responsible persons (where required) who will take responsibility for various tasks, e.g. induction, inspections and training We shall brief them on these tasks and their responsibilities We shall record the names of such nominated persons



We shall record details on noticeboards, files and publish on website.

We will review and follow up on a regular basis to ensure arrangements are put in place and that assigned persons are carrying out their roles effectively.

Responsibilities of Manager – person in charge / Safety Officer

Provide and maintain a workplace that is safe and do likewise for all equipment. Manage work activities to ensure the safety, health and welfare of employees. Ensure that risks are assessed, and hazards are eliminated or minimized as far as is reasonably practicable. Prepare a safety statement and regularly update it, particularly when there have been significant changes or when the risk assessment is no longer valid. Provide and maintain decent welfare facilities for employees Prepare and update procedures to deal with an emergency and communicate these procedures to employees Appoint a competent person to oversee the function in relation to health and safety. Provide training and information to workers in a format and language that is appropriate, including training on the commencement of employment Report serious accidents to the health and safety authority Consult annually with employees and provide them with information in relation to safety, health and welfare. Require employers from whom services are contracted to have an up to date safety statement. (Painter, bus company, service contractors)

Responsibilities of Employees

Section 13 of the Safety, Health and Welfare at Work Act 2005 imposes several obligations on employees while at work:

- 1. An employee shall, while at work:
- a) Comply with the relevant statutory provisions, as appropriate, and take reasonable care to protect his or her safety, health and welfare and the safety, health and welfare of any other person who may be affected by the employee's acts or omissions at work,
- b) Ensure that (s)he is not under the influence of an intoxicant to the extent that (s)he is in such a state as to endanger his or her own safety, health or welfare at work or that of any other person,
- c) If reasonably required by his or her employer, to submit to any appropriate, reasonable and proportionate tests for intoxicants by, or under the supervision of, a registered medical practitioner who is a competent person, as may be prescribed,
- d) co-operate with his or her employer or any other person so far as is necessary to enable his or her employer or the other person to comply with the relevant statutory provision, as appropriate,



- e) not engage in improper conduct or other behaviour that is likely to endanger his or her own safety, health and welfare at work or that of any other person,
- attend such training and, as appropriate, undergo such assessment as may reasonably be required by his or her employer or as may be prescribed relating to safety, health and welfare at work or relating to the work carried out by the employee,
- g) having regard to his or her training and the instructions given by his or her employer, make correct use of any article or substance provided for use by the employee at work or for the protection of his or her safety, health and welfare to work, including protective clothing or equipment,
- h) report to his or her employer or to any other appropriate person, as soon as practicable.
 - a. any work being carried on, or likely to be carried on, in a manner which may endanger the safety, health and welfare at work of the employee or that of any other person,
 - b. any defect in the place of work, the system of work, any article or substance which might endanger the safety, health or welfare at work of the employee or that of any other person, or
 - c. any contravention of the relevant statutory provisions which may endanger the safety, health and welfare at work of the employee or that of any other person, of which (s)he is aware.
 - 2. An employee shall not, on entering into a contract of employment, misrepresent himself or herself to an employer regarding the level of training as may be prescribed under subsection (1)(f)

As well as these general duties, it is important that employees are aware of the health and safety duties assigned to them in this safety statement as part of their normal duties.

These delegated duties are essential for the day to day implementation of safety measures, and employees are obliged to carry out these functions in accordance with Section 13(1)(d) of the Act, as above.

Section 14 of the Act applies to all persons and requires that: A person shall not intentionally, recklessly or without reasonable cause:

- a) interfere with, misuse or damage anything provided under the relevant statutory provisions or otherwise for securing the safety, health and welfare of persons at work, Or
- *b)* place at risk the safety, health or welfare of persons in connection with work activities.

In addition to the above legal requirements all team members of Precious Children Daycare are required to immediately report to the Manager of each facility any accident resulting in loss or injury and any incident that could have resulted in loss or injury. The injured party is



also required to co-operate in the investigation of the incident and the completion of the Injury/Incident Report Form.

4.2 Entitlement Safety Representative (Section 25 Safety, health & Welfare at work Act 2005)

KEY ACTIONS REQUIRED

Our employees may select and appoint a safety representative. The appointed safety representative may consult with, and make representations to us on safety, health and welfare matters at the place of work.

Responsibility of a Safety Representative

The safety representative has the right to:

Represent the employee at the place of work in a consultation with the employer on matters in relation to health and safety.
Inspect the place of work on a schedule agreed with the employer or immediately in
the event of an accident, dangerous occurrence or imminent danger or risk to the
safety, health and welfare of any person.
Receive appropriate training.
Investigate accident and dangerous occurrences
Investigate complaints made by employees
Accompany an inspector carrying out an inspection at the workplace
Make representations to the employer on matters relating to safety, health and welfare
Make representation to and receive information from, an inspector
Consult and liaise with safety representatives in the same undertaking.

4.3 Details of the Health and Safety Committee, by which staff are consulted on matters affecting their health, safety and welfare.

Each of our facilities, has a Manager whom is the Health and Safety Officer. Each of our facilities, has a team leader whom is the health and safety representative for that centre.

Each facility has a centre specific Health and safety meeting once a month. Each facility attends a company overall health and safety committee meeting once a month.

Each facility health and safety Officer and representative will thereafter communicate minutes of committee meetings, action any points and relaying requests and feedback.



Each meeting will have a formalised agenda in line with our Safety Policy ensuring the review of each point under a topic of action, review and competency.

Appendix 2 Details the Safety Management Structure in place within Centre

4.4 Health and Safety Consultation

KEY ACTIONS

We recognise that employee participation in health and safety is an integral part of our safety management system. We are committed to providing adequate and appropriate consultation and welcome the views of all employees on issues relating to health and safety.

In order to ensure effective consultation with staff and other users, Management has established a Health and Safety Committee and nominated a health and safety representative and an Officer to provide a formal structure for the highlighting and resolution of more difficult Health and Safety problems/issues that cannot be resolved locally.

We will consult with all relevant employees:

When new risk assessments are being carried out or revised When there is a change, update or modification to a particular work process When new machines or processes are introduced When new substances or materials are introduced.

Furthermore, should any of our employees raise any matters relating to their health and safety that are connected in any way to our work activities. We will consider such matters and will endeavour to take any action that w we consider necessary or appropriate to deal with the matters raised.

4.0 Health & Safety Resources

5.1 Considerable resources are expended by Precious Children Daycare in securing the health, safety and welfare of employees in terms of personnel, time, materials, equipment and the purchase of goods and services.

5.2 Where additional equipment, training etc is required (whether as a result of ongoing risk assessment or legislative change), resources will be allocated on a prioritised basis to meet the identified requirements.



5.3 The Health and Safety Office retains a reference library of texts, literature, videos and other publications on health and safety matters. The Office also subscribes to an online database of safety legislation, codes of practice and international standards. All staff can gain access to these information resources by contacting the Health & Safety Officer or representative.

5.0 Health and Safety Training

KEY ACTION REQUIRED Competence of employers, managers and employees is critical to the effective safe management and operation of business activities.

Competence is determined by knowledge, training and experience and, as an employer we will assess what training each employee needs, to keep up to date with changes in legislation, work practices and technology. By having competent, trained personnel who are adequately supervised, my / our employees will be capable of completing a job safely, efficiently and to a high standard. The provision of appropriate training and instruction is an important element in the management of safety and the implementation of this safety statement.

The provision and extent of any necessary training is dependent upon the nature of the work being pursued, the experience and disposition of the employee involved, their familiarity with any equipment/substances to be utilised, the environment/conditions where the activities may be discharged, and the extent to which supervision is necessary and available.



6.2 Detail Health and Safety Induction Training

KEY ACTIONS REQUIRED:

Induction training is very important in communicating specific health and safety information to employees, contractors and other relevant persons when they first arrive at my / our workplace.

Precious Children Daycare health and Safety Officer is responsible to ensure that we provide the following specific Health and Safety Training on an ongoing basis; We shall record details of training in relation to specific tasks, such as those listed below

Induction training will include the following information:

- 1. Specific hazards associated with the workplace and the controls that are in place
- 2. Workplace rules
- 3. Roles and responsibilities
- 4. Fire and emergency procedures
- 5. Manual Handling Training
- 6. Fire Warden Training
- 7. First Aid Training
- 8. Management Training in Health and Safety
- 9. Emergency Response Plan Training
- 10. Risk Assessment & Control Training
- 11. Ergonomics Training
- 12. Other centre training where risk assessment identifies specific centre needs.

Precious Children Daycare Health and Safety Training Records will be filed in each facility training records section and on each individual personal file.



6.0 Fire and Emergency Management

KEY ACTION REQUIRED:

We will ensure appropriate plans and procedures are in place to deal with emergencies and imminent dangers by:

Identifying the types of emergency situations that could occur and ensuring that suitable plans and procedures are put in place for dealing with them, e.g.

Fire Explosion Accidents/injuries Robbery Chemical spills ring that employees are t

Ensuring that employees are trained in the specific plans and procedures we have in place to deal with emergencies at our workplace

Ensuring that emergency procedures are included in the workplace induction training

Designating where employees are needed to implement our emergency plans and procedures

Providing the equipment and training needed

Some emergencies (e.g. gas leak, fire, bomb threat, etc.) may require an evacuation of the workplace. The person who become aware (or is made aware) of a potential emergency should follow the emergency procedures.

7.1 Fire Officer

Each members of our team are trained Fire officers. The Morning main group leader will be the designated Fire officer on any one day on shift. This is clearly defined in their role and shift responsibility.

Their role is to sweep their designated building in the event of an alarm activation and to provide information on building occupancy etc. to security/ Management and the emergency services in the event of a genuine emergency.

All staff are required to comply with the instructions of Fire officer and to assisted in the evacuate the building promptly in the event of an emergency.



Precious Children Daycare will ensure that sufficient Fire Officers are trained and available on an ongoing basis to provide an effective service throughout the building

The Health and Safety Officer is responsible for ensuring that they notified all employees including fire officers of any changes and ensuring communication and training requirements are to standards.

7.2 Evacuation Drills

Evacuation Drills are organised monthly by the Health and Safety Officer in cooperation with the team members. Feedback on performance in terms of time taken to evacuate and particular difficulties with alarm systems / building fabric are notified to all team members at their daily brief, monthly meeting and resolution action agreed.

The Evacuation procedure is posted in each room and on the centres notice board and or on our Website.

7.3 St. Marys Fire Drill

Raise Alarm Leader blows whistle (never used for anything else) 3 blasts to alert staff and children of a fire in building.

In the event of a real fire sound the fire alarm button at your near location.

Do not stop to collect personal belongings.

Close doors, and windows if possible, on route.

The main thing to remember is to stay calm and not to panic

Then each room leader collects the child register and staff roster.

Evacuate Building With staff member at front and staff member at rear, children and staff walk to designated fire assembly point

Front on the green at the Assembly point,

Back at the far wall at the Assembly point,

Leader checks all children and staff are present against register.

Call Fire Brigade the appointed person goes to call the Fire Brigade from the nearest phone.

The leader stays with the children.

Putting out Fire if it is safe to do so without risk to oneself, a member of staff, not needed for the children, may fight the fire with appropriate extinguishers until the Fire Brigade arrives.

Parents will be contacted to take the children home following de-briefing from the Leader to reassure the children.

REMEMBER – DO NOT RE – ENTER THE BUILDING UNTIL THE FIRE OFFICERS SAY IT IS SAFE TO DO SO



7.4 Ravensdale Park Fire Drill

Raise Alarm Leader blows whistle (never used for anything else) 3 blasts to alert staff and children of a fire in building.

In the event of a real fire sound the fire alarm button at your near location.

Do not stop to collect personal belongings.

Close doors, and windows if possible, on route.

The main thing to remember is to stay calm and not to panic

Then each room leader collects the child register and staff roster.

Evacuate Building With staff member at front and staff member at rear, children and staff walk to designated fire assembly point

Front entrance, go to the Assembly point at the side of Leo Labs pathway at the gate. Back exit walk through the yard, lane and towards the Assembly point at the side of Leo Labs pathway at the gate.

Leader checks all children and staff are present against register.

Call Fire Brigade the appointed person goes to call the Fire Brigade from the nearest phone.

The leader stays with the children.

Putting out Fire if it is safe to do so without risk to oneself, a member of staff, not needed for the children, may fight the fire with appropriate extinguishers until the Fire Brigade arrives.

Parents will be contacted to take the children home following de-briefing from the Leader to reassure the children.

REMEMBER – DO NOT RE – ENTER THE BUILDING UNTIL THE FIRE OFFICERS SAY IT IS SAFE TO DO SO



7.4 Emergency Checklist

EMERGENCY CHECKLIST (NON-EXHAUSTIVE)			NO	N/A
	Have you and your employees identified the types of emergency situations that your business could be exposed to (e.g. fire, explosion, chemical spill etc.)?			
	Are employees aware of the plans and procedures?			
	Have employees been appointed and trained in specific tasks, e.g. first aid, fire warden?			
	Are evacuation plans and emergency contact information on display?			
	Are exits well marked, always kept clear and emergency lighting/signage in place?			
	Have you held an evacuation drill in the last six months and kept a record of this?			
	Do you and your staff regularly check and maintain the emergency equipment in place (e.g. smoke detectors, fire extinguishers, gas/carbon monoxide detectors, sprinkler systems, emergency lighting)?			

Checklist Documented monthly.



7.5 Violence/ Robbery

Where there is a risk of robbery or violence in the workplace, we will ensure that we have completed a risk assessment for violence / aggression / theft and that adequate plans and procedures are put in place. We will train staff on how to deal with the threat of robbery / violence, for example:

Keep calm and make no sudden movements Do what the offender asks Memorise as many details about the offender as possible, e.g. height, clothing, features Note the direction and method of escape, e.g. car, motorbike, on foot Notify the Gardaí as soon as it is safe to do so Provide first aid to victims Lock outside doors until emergency services arrive.



7.6 First Aid and Injury/Illness Management

Fully stocked First Aid boxes are available in from the medical Cabinet in the Kitchen. We will ensure first-aid equipment is prominently placed, that employees are aware of its location and that it is accessible to all employees

All team members are trained as Occupational First Aiders.

All team members are available to respond to First Aid incidents during opening hours

The Manager and the Health & Safety Officer are responsible to ensure that all noticeboard and or our website is updated with accurate information. Health and Safety Officer is responsible for ensuring all first aid supplies are stock with correct supplies and checked monthly.

The First Aid Policy & Procedures, Injury / Incident Management Procedure and the Emergency Ambulance Assistance Procedure are posted on our noticeboard and or our website.

Contact details and directions to the nearest doctor or hospital will be available / displayed.



8.0 Welfare Facilities and Workplace Requirements.

KEY ACTIONS REQUIRED:

Where required, we will provide and maintain adequate welfare facilities and a suitable and safe workplace environment for use by our employees and visitors, including but not limited to:

Toilet facilities Canteen and food preparation areas Changing areas Adequate ventilation, temperature and lighting Interior walls, floors and traffic routes that are maintained in good condition and kept clean Fire detection and fire-fighting equipment Emergency routes and exits Pedestrian and traffic management systems.

DETAIL AS NECESSARY



Potable drinking water	
Facilities to take shelter from the elements	
Facilities to dry clothing and suitable changing areas for nature of the work	

9.0 Care Environment

9.1 Internal Environment

The internal environment in a childcare service should provide a balance between a child's need to explore their world and a safe environment in which to do so.

Precious Children Daycare aim to provide an internal environment that is, as far as reasonably practicable, safe for the use of childcare services. In order to maintain a safe environment, regular inspections must be carried out.

These safe checks are in addition to the risk assessments.

In the internal environment these could include the following areas:

- Floors soft for babies, non-slip
- Walls
- Ceilings
- Doors
- Windows child resistant locks
- Electrical safety
- Fire safety
- Toys
- Stairs supervision, restricted access

• Heating (maintained at 18 -20 degrees except sleep rooms where temp should be 16-18 degrees.

- Lighting
- Ventilation
- Water temperature
- First aid
- Fixtures and fittings child sized, easily washable and non-toxic



9.2 External Environment

Regulations 28 of the Child Care (Pre-School Services) Regulations, 2006 requires that 'children in part-time or full day care services should have access to the outdoors daily, weather permitting'.

Outdoor play areas should be checked each time they are used.

The outdoor play area should be secure and safely fenced off to ensure that children cannot leave this area without adult supervision and that unauthorised access is prevented.

Items like dangerous ponds, pits and all poisonous plants and berries should be eliminated from the area.

The sand pit should only contain washed sand and the pit should be covered when not in use. Where there are sheds or stores in the outdoor play area, they should be secured to prevent unsupervised access by children.

Children should be protected from extremes of weather. Children should always be protected from the sun with appropriate cover-up clothing and sunscreen.

Things to be checked in the external environment include:

- Discarded or broken glass bottles, cans, cigarette butts, etc
- Animal Faeces
- · Biological Hazards e.g. used needles
- Damage to fencing/gate
- Exit gates unlocked

• Damage to fixed equipment as with the internal environment, regular safety checks must be carried out.



10.0 Hygiene, Food Hygiene and Nutrition

10.1 Hygiene is essential in maintaining a safe and healthy childcare service. Daily cleaning routines, proper hand washing procedures, promotion of oral health and policies to deal with infection and exclusion are crucial. Precious Children Daycare have in place an Infection Control Policy which includes:

- A hand washing and good hygiene policy for both Staff and children
- A Cleaning schedules
- A sickness policy for staff and children
- Actions to be taken in the event of an outbreak

• Head lice A infection protection policy must be put in place. A cleaning and sanitation schedule must be drawn up and recorded daily. It should include, what should be cleaned, how to adequately clean and disinfect the areas specified, type of cleaning chemical to use, how often things are to be cleaned.

10.2 Food Hygiene and Nutrition Provision of a healthy environment and adequate nutrition is essential to the wellbeing of children and adults and to full participation in an active programme.

Precious Children Daycare aim to ensure that the childcare service is operated in a hygienic way.

Precious Children Daycare will provide the following minimum facilities:

- Adequate storage for food, utensils and cleaning agents.
- Refrigerated and freezer storage
- Sufficient and adequate food preparation surfaces
- Cooking facilities with extraction

Principles of safely handling food:

• All foods must be checked to ensure that they are of the quality, substance and temperature required and that they are within their use-by-dates.



• All foods must be stored under conditions that will prevent their deterioration. Instructions on the label, if present, should be followed.

• Food and food only, must be stored in areas designated specifically for that purpose (refrigerators, cupboards etc).

- Saucepan handles should not overhang stove or worktop edges.
- Any food or liquid spillage must be cleaned up immediately.
- When cooking food, recipes or packet instructions must always be followed.

• Food not eaten at the meal for which it was prepared/issued must not be kept or offered for service later.

• Signs of any type of pest infection must be reported immediately

All staff, paid or voluntary, who handle food, have a responsibility to:

• maintain a high standard of personal hygiene

• refrain from handling food when they or anyone at home are suffering from an infectious disease or have boils, ulcers, cuts or rashes, diarrhoea, eye, ear or throat infection or any untoward discharge

• adhere to Precious Children Daycare' Health and Safety Policy

• report shortcomings to the appropriate person, e.g., faulty or damaged storage, preparation and service equipment.

Principles of safely using equipment in catering areas:

- All electrical equipment must be switched off and the plug removed from the power source when it is being cleaned or not in use.
- Refrigerators, freezers and other types of temperature control equipment must be routinely checked to ensure their effectiveness.
- All equipment must be used according to manufacturer's instructions.

• Doors and lids of equipment in use should fit securely. Hob burners, grills, ovens etc., must always be turned off when not in use.

• All cooking equipment should be checked when in use to ensure that it is functioning correctly. Any slight electrical shocks received from the equipment must be reported immediately.

- All equipment and working surfaces must be kept in a clean and hygienic condition.
- Cleaning chemicals should be used at the prescribed dilution rate.

To all foods are served appropriately Precious Children Daycare has implemented a detailed HACCP food management system, this focuses on the purchasing, storage and preparation of food in our centres.



11.0 Child Protection

Precious Children Daycare policy with child protection is to promote overall welfare and development of the child, contributing to the growth of his or her self-esteem and personal autonomy. Precious Children Daycare aim to achieve this by creating an environment where trust, respect, equity and a real willingness to listen to children is established and where a focus on what is in the interests of the child is the guiding principle.

All team members in Precious Children Daycare are aware of the Children first: National Guidelines for the Protection and Welfare of Children intended to assist people in identifying and reporting child abuse/ neglect and to improve professional practice in all services where children are cared for.

Each of our centres have a detailed child protection Policy and procedures in place.



12.0 Hazard Identification, Risk Assessment & Controlling Risks

12.1 A comprehensive review and assessment of hazards, risks and controls within the Precious Children Daycare has been undertaken. This exercise has been carried out in accordance with the definitions and procedures noted below.

The following Risk Assessment Appendix contains details of the current Risk Assessments & Control Measures in place in our Centre. All new and amended equipment, procedures and processes will be similarly assessed as they arise, and the results similarly recorded.

All team members are encouraged to review the hazards listed Risk Assessment Appendix, to identify any issues that are not currently assessed and to feedback to the Safety Officer.

A copy of risk assessments can be found in our risk assessment file for review and recording purposes.

12.2 Definitions Hazard

A Hazard is any substance, article, material or practice within a workplace which has the potential to cause harm to employees at work or visitors to that workplace. Hazards are categorised as Physical, Chemical, Biological, Organisational, Environmental or Human.

Risk is the potential of the hazard to cause harm in the actual circumstances of use Risk Assessment is the evaluation of the likelihood that harm could arise from the hazard and the likely severity and extent of the harm.

The outcome of qualitative risk assessment requires that the identified hazards be given a risk rating of 'high', 'medium', or 'low'. Control measures are prioritized based on the risk rating and are commensurate with the level of risk.

12.2 Risk Control In selecting controls the following hierarchy is adopted.



- 1. Elimination
- 2. Substitution Precious Children Daycare Safety Statement.
- 3. Enclosure
- 4.Guarding
- 5. Safe systems of work.
- 6. Supervision
- 7. Training/Information
- 8. Personal protective equipment (ppe)

All final decisions on risk control must consider the relevant legal requirements and industry codes of practice.

Risk assessments are particularly important in the all work areas. Activities including the use of hazardous chemicals or machinery, maintenance of hazardous machinery, and the manufacture of new hazardous substances or equipment etc, require rigorous risk assessments with carefully documented and implemented controls.

Where possible, controls and other safety measures identified in the risk assessment process must be put in place immediately. In other cases where the scale or cost prohibits immediate action, a programme of action must be planned by the relevant head of department/section and put into effect and the relevant deadline listed in the Safety Statement.

Depending on the risks involved, appropriate interim action must be taken i.e. if high, discontinuing the operation in the interim must be considered. The implementation of these arrangements must be reviewed at regular intervals.

12.3 Unacceptable Risk

Where the risk cannot be reduced to acceptable levels and finance is not available to implement appropriate controls, it is the policy of Precious Children Daycare to require that the activity cease or the area close.



13.0 Management of Contractors

Definition: A contractor is a person or organisation which signs a contract to do certain work for payment within a specified time.

KEY ACTION REQUIRED:

All contractors involved in a work activity on my / our premises must comply with my / our policy for safety, health and welfare.

Precious Children Daycare operates a mandatory Permit to Work system for all contractors. All work undertaken by outside contractors on behalf of the Precious Children Daycare must be carried out under issued Permit to Work and outside of sessional times.

Contractors carrying out work must:

Be competent to carry out the work Garda Vetted Have adequate resources to carry out the work Provide copies of their own: Safety statement Insurance 2 References Check of Reference form Garda vetting

Ensure that work activities do not affect the well-being of our employees, visitors or customers. Ensure they identify potential hazards arising from their work activities and implement appropriate control measures and safe systems of work while carrying out work.

Report to the designated person on arrival at my / our workplace.



FURTHER INFORMATION

To ensure compliance with the legislation we will provide contractors with the relevant sections of our safety statement or health and safety file (where applicable) to ensure that they are both aware of and can take account of the hazards in our workplace.

14.0 Visitors

Definition: A visitor is a person other than an employee or contractor.

KEY ACTIONS

Visitors may not be aware of the potential hazards associated with my / our place of work. To minimise the risk of injury to visitors, We will:

Practice good housekeeping, including: Keeping walkways clear

Cleaning up spills immediately

Restrict access to hazardous areas

Prevent visitors from using equipment or machinery

Ensure appropriate safety signs and notices are displayed

Ensure safe walkways and access routes are maintained

Put procedures in place to ensure visitors are evacuated in a safe and timely manner in the event of an emergency.

Visitors are required to:

Conduct themselves in a safe manner at all times Observe the fire policy and, in the event of an emergency, to identify themselves to an employee and be escorted to the designated assembly point.



14.0 Bullying and Harassment

Precious Children Daycare Policy to Promote Respect and Protect Dignity outlines the procedures which should be followed by any member of the Childcare Community who may experience sexual harassment, harassment or bullying.

Definition: A visitor is a person other than an employee or contractor.

KEY ACTIONS

Visitors may not be aware of the potential hazards associated with my / our place of work. To minimise the risk of injury to visitors, I / we will:

Practice good housekeeping, including:

Keeping walkways clear

Cleaning up spills immediately

Restrict access to hazardous areas

Prevent visitors from using equipment or machinery

Ensure appropriate safety signs and notices are displayed

Ensure safe walkways and access routes are maintained

Put procedures in place to ensure visitors are evacuated in a safe and timely manner in the event of an emergency.

Visitors are required to:

Always conduct themselves in a safe manner

Observe the fire policy and, in the event of an emergency, to identify themselves to an employee and be escorted to the designated assembly point.



15.0 Stress at Work

KEY ACTION REQUIRED:

As an employer I will, so as far as is reasonably practicable, ensure that:

No employee's workload is so great that he or she will have to consistently work overtime

No employee will be subjected to harassment from, or degrading behaviour by, colleagues or managers and that everyone in the workplace treats others with respect and courtesy, even if they do not 'get along'

No employee has to work in an environment which is unsafe and in which there are risks of accidents

Employees are trained so they can do their jobs effectively and safely

Everyone knows what his or her core job is

That a 'Dignity at Work Policy' is in place that outlines procedures with regard to addressing bullying and harassment at work.

FURTHER INFORMATION

The Health & Safety Authority has produced a Code of Practice on the Prevention and Resolution of Bullying at Work.



16.0 Pregnant Employees

16.1 Precious Children Daycare is committed to protecting the reproductive health of all employees and minimising risks to the unborn. In accordance with the Safety, Health & Welfare (Pregnant Employees) Regulations (Regulation 3) a pregnant employee of Precious Children Daycare must notify her immediate supervisor of her condition 'as soon as is practicable after it occurs and, at the time of the notification, given to her employer or produce for her employer's inspection a medical or other appropriate certificate confirming her condition'.

16.2 Pregnant employee must complete the Pregnant Employees Risk Assessment Form for submission to their manager and the Health and Safety Officer. Where the preliminary assessment highlights areas of concern, the Health and Safety Officer will complete a more in-depth assessment in Precious Children Daycare.

16.3 Precious Children Daycare Safety Statement in conjunction with the employee and Precious Children Daycare to establish appropriate controls.

16.4 Pregnant Team members are also encouraged to inform management of their condition such that appropriate risk assessment may be carried out.



17.0 Control of substances hazardous to health regulations (COSSH)

17.1 Chemicals are widely used for a variety of processes in our work and cleaning, and some are extremely hazardous. To comply with these regulations a list will be kept by the Health and Safety Officer of any hazardous or potentially hazardous substances that are used at Precious Children Daycare. A copy of this list will be kept at each of our facilities. In addition to chemicals, all body fluids are to be treated as substances hazardous to health and should be carefully dealt with using protective gloves and materials that can be safely disposed of.

17.2 The Health and Safety Officer is to be informed of any hazardous substances which it is proposed to bring onto the premises for use by staff. Any person(s) using such chemicals must observe the following guidelines:

• all substances, which are included on the COSHH list, including bleach and general household chemicals, are to be stored in a safe place preferably under lock and key.

• all hazardous substances e.g. bleach, solvents, glues containing solvents are to be used with care

- always read the label before use and follow the manufacturer's instructions
- avoid inhalation, ingestion and skin contact of all chemical substances
- always wear the appropriate protective clothing e.g., gloves etc
- products must never be mixed as this could give rise to hazardous by-products e.g. bleach will give off chlorine gas if mixed with an acidic cleanser such as Harpic

• those using the substance must be familiar with the First Aid procedures to be used in the event of an accident.



In the interests of Health and Safety, substances hazardous to health should only be used if there is no less harmful or harmless alternative.

Please note to look at Hazardous Spills and Utilities Management.

17.0 Electrical safety

17.1 It is the responsibility of all users to inspect appliances for loose wiring, faulty plugs etc, BEFORE using them. Electrical faults must be reported immediately. Faulty equipment must be removed from usage and clearly labelled as such. No-one should attempt to repair the equipment themselves. The following list shows examples of electrical faults:

- equipment not working
- loose wiring
- broken casing around wires or applications
- electrical arcing (sparks)
- plugs becoming warm...etc. All staff, whether paid or voluntary, have a responsibility to observe basic principles of electrical safety as well as inspecting appliances before use, ie:
- ensure that hands are dry before using an electrical appliance

• ensure that adequate instructions are obtained before using unfamiliar electrical equipment and comply with the manufacturer's instructions;

• leads should never be pulled to remove a plug or to lift or move an appliance;

• switch off at the mains, unplug and put away all electrical equipment (where appropriate) when not in use;

• sockets must not be overloaded by the use of adaptors (when in doubt err on the side of safety/seek qualified advice);

• if extension cables are used then these must be placed in such a way so not to cause a hazard to anybody else. All electrical equipment must be maintained on a routine basis.



18.0 Lifting and Manual handling

18.1 Precious Children Daycare has a moral and legal responsibility to its staff, paid or voluntary, to reduce the risk of work associated back problems and other lifting and carrying injuries. It is important to note that the handling of loads applies to lifting, lowering, carrying, pushing, pulling, holding or moving by bodily force any discreet moveable object including a person.

For general guidance, all employees may from time to time have to lift or handle some objects. Firstly, consider whether it is necessary to lift the object, consider if there are any alternatives and if you are at all unsure do not attempt to lift.

18.2 You are responsible for your own safety and for the safety of those you work with. If you decide to proceed with the lifting activity the correct way to lift is as follows:

- keep the back straight
- place the feet slightly apart
- bend the knees
- grip firmly (with palms not fingertips), then lift slowly holding the object as close to your body as possible
- do not twist the body during the lifting procedure.



19.0 Personal Protective Equipment

KEY ACTIONS

Appropriate personal protective equipment (PPE), as identified in our risk assessments, is provided and must be worn by our employees.

19.1 Where required, typical PPE could include:

Eye protection Hearing protection Gloves Safety footwear High-visibility clothing Respiratory protection, e.g. mask.

19.2 We will ensure that:

Adequate and suitable PPE is provided The suitability of the PPE for the job is assessed PPE is maintained, used and replaced as recommended by the manufacturer's instructions

Personal protective equipment is only used as a last resort when a residual risk remains after all other measures have been taken to eliminate / reduce the risk Where it is not possible to reduce or eliminate the risk, then PPE appropriate to the task and work environment, as identified in my / our risk assessments will be used We will record details of the supply and training in the use of PPE as required.

19.3 We expect our employees to:



Use PPE correctly Report any defects or damage to PPE immediately Participate in any training or instruction provided on PPE Inform us of any medical conditions they have that might be affected by the use of the PPE provided to them.

FURTHER INFORMATION

The Health & Safety Authority has produced a Guide to the Safety, Health and Welfare at Work (General Application) Regulations 2007, Chapter 3 of Part 2: Personal Protective Equipment.

20.0 Accident Reporting and Investigate

KEY ACTIONS

If an accident or incident occurs in our place of work or in the course of our work activities which has affected employees or a third party, I we will:

Reporting Accidents and Incidents:

All accidents/incidents even minor ones, are recorded in an accident record sheet, with details on how they are dealt with or treated.

Promptly investigate the accident or dangerous occurrence to determine the cause and, on completion of the investigation, put in place measures to prevent a re-occurrence.

Ensure that where a fatal accident has occurred the HSA are notified as quickly as possible (Tel: 1890 289 389) and **Form of Notice of Accident (IR1)** sent within 5 working days.

Ensure that other accidents are reported to the Health & Safety Authority on Form **IR1** within 10 working days where:

Employees are out of work or not able to perform their normal work for more than 3 consecutive days (excluding the day of the accident but including any days which would not have been working days)



Members of the public injured due to a work activity and who are taken from the location of the accident to receive treatment in a hospital or medical facility

Ensure that dangerous occurrences are reported to the Health & Safety Authority on the **Form of Notice of Dangerous Occurrence (IR3)** within 10 working days.

Any of the following incidents must be notified to TUSLA:

(a) The death of a preschool child while attending the service. This includes the death of a child in hospital following transfer to hospital from the service.

(b) Diagnosis of a preschool child attending the service, an employee, unpaid worker, contractor or other person working in the service as suffering from an infectious disease within the meaning of the Infectious Disease Regulations 1981(SI No 390 of 1981) and amendments.

http://www.hpsc.ie/NotifiableDiseases/ListofNotifiableDiseases/

(c) Any incident which results in the service being closed for a length of time.

(d) A serious injury to a preschool child while attending the service that requires immediate medical treatment by a registered medical practitioner whether in a hospital or otherwise.

(e) An incident which results in a child going missing from the service. A registered provider must notify the:

Early Years Registration Office First Floor, South East Wing, St Joseph's Campus, Mulgrave Street Limerick

Or *ey.registration@TUSLA.ie* of any of the incidents listed here in the Notification of Incidents Form.

http://www.TUSLA.ie/uploads/content/EYI_Notification_of_Incidents_Form.pdf

• A copy of the completed Accident & Incident Form must always be placed on the child's file.

• Parents/guardians will always be contacted and informed immediately of any injury.



- Parents/guardians will be asked to sign off on the accident /incident report.
- Records are accessible to all relevant staff in case of an emergency.
- All serious accidents will be reported to the Insurance Company.

• Records are kept on file for each child for minimum period of two years or up to 21 years if necessary and will be available for inspection Note: "a serious injury" is defined by TUSLA as an injury that requires immediate medical treatment by a registered medical practitioner whether in hospital or otherwise.

FURTHER INFORMATION

The employer of the injured party is responsible for the reporting of accidents on Form IR1 when required.

A record of any accident or dangerous occurrence reported to the HSA must be kept for a minimum of 10 years.

Any report to the Health & Safety Authority can be made online at **www.hsa.ie**, or by completing the relevant **Form (IR1 or IR3)** and posting it to:

Workplace Contact Unit, Health & Safety Authority, Metropolitan Building, James Joyce Street, Dublin 1.

Accident and Incident Record:

The accident and incident form should be fully completed with as much detail as possible. It is important that full names are used when referring to staff members and that the form is signed both by the person in charge and the parent/guardian.



21.0 Working Young Person

KEY ACTIONS REQUIRED

We are aware that there are specific regulations dealing with young people at work, i.e. those less than 18 years of age.

We will undertake the following:

Carry out a risk assessment before employment of a young person (over 16 but less than 18), taking into account their relative lack of experience, absence of awareness of potential risks or lack of maturity

Put in place all required control measures identified by the risk assessment, taking account of:

Their lack of experience, maturity or awareness of risk

Any work activity likely to involve a risk of harmful exposure to physical, biological or chemical agents

The physical and psychological capacity of the young person

Make sure the recommended working hours are not exceeded for young persons



22.Medical Emergency Procedure Plans:

22.1 Child Level Emergency Procedure Plan:

The Manager must ensure that the parents/guardians and child (where appropriate), are provided with an opportunity to meet with designated staff, prior to the beginning of each year or as soon as possible to develop/update an individual Child Emergency Procedure Plan.

The Child Emergency Procedure Plan must be signed by the child's parents/guardians and the child's GP.

A copy of the plan will be placed in readily accessible, designated areas such as the playroom and office.

The Child Emergency Procedure Plan will include at minimum:

• The diagnosis.

- The current treatment regime.
- Who within the service is to be informed about the plan e.g. Early Years Practitioners, volunteers, playmates.;

• Current emergency contact information for the child's parents/guardians.;

• A requirement for those exposed to the plan to maintain the confidentiality of the child's personal health information.



• Information regarding the child, is parent's responsibility to advise the service about any change/s in the child's condition.

• It is the service's responsibility for updating the child's records.

Precious Children Daycare Policies & Procedures Emergency Plans:

Management will consult with parent's staff and the insurance company to decide on an appropriate emergency plan on a case by case basis to ensure that an appropriate course of action is taken for the child.

The following two plans A and B will be used in consultation with parents/guardians and then an individual plan will be written up. Parents/guardians will be required to sign a declaration that they are happy for the staff to follow the decided emergency plan.

In the event of an emergency designated staff will follow the plans as decided by parents/guardians and management.

Emergency Procedure Plan A:

The service will use the following emergency procedure:

1. FIRST Call emergency medical care 999.

2. Follow the instructions from the emergency services and only administer the child's auto-injector or inhaler under their instruction. Note time of administration.

3. Contact the child's parent/guardian.

4. Under the instruction of the emergency services only a second auto-injector or inhaler may be administered within 10 to 15 minutes or sooner, after the first dose is given IF symptoms have not improved (i.e. the reaction is continuing, getting worse, or has recurred).

5. If an auto-injector has been administered, the child must be transported to a hospital (the effects of the auto-injector may not last, and the child may have another anaphylactic reaction).

6. One person always stays with the child.

7. One person goes for help or calls for help. The person in charge, or designated staff, must ensure that emergency plan measures are in place.

Emergency Procedure Plan B:

We will use the following emergency procedure:



 Administer the child's auto-injector (single dose) at the first sign of a reaction. The use of epinephrine for a potentially life-threatening allergic reaction will not harm a normally healthy child, if epinephrine was not required. Note time of administration.
 Call emergency medical care 999.

Precious Children Daycare Policies & Procedures

3. Contact the child's parent/guardian.

4. A second auto-injector may be administered within 10 to 15 minutes or sooner, after the first dose is given IF symptoms have not improved (i.e. the reaction is continuing, getting worse, or has recurred).

5. If an auto-injector has been administered, the child must be transported to a hospital (the effects of the auto-injector may not last, and the child may have another anaphylactic reaction).

6. One person always stays with the child.

7. One person goes for help or calls for help. The person in charge, or designated staff, must ensure that emergency plan measures are in place.

Appendix 1

Organisation Chain of Safety Responsibility





Health and Safety Officer/ Health and Safety Representative - Committee



Team members

Appendix 2

Emergency Contact Details

EMERGENCY CONTACT INFORMATION						
BUSINESS/COMPANY NAME	AE Precious Children Daycare					
ADDRESS	8 St Marys Road, Walkinstown, Dublin 12. 37 Ravensdale Park, Kimmage, Dublin 6W					
PREMISES CO-ORDINATES	YES	N		w		
CONTACT DETAILS						
NAME	ROLE		PHONE NUMBER			



Caroline Cummins	Owner		0858715137	
Deborah Mahar	Afterschool Mair	n Organiser		
Kathryn Cummins	HR/ Manager		0861619381	
EMERGENCY SE	ERVICES C	CONTA	CT DETAILS	
SERVICE	ADDRESS		PHONE NUMBER	
DOCTOR			1	
FIRE/GARDAÍ/AMBULANCE	INSERT		999 or 112	
UTILITY A	AND SERVICE		DERS	
ELECTRICITY (ESB NETWORKS))	1850 372	999 (24HR)	
GAS NETWORKS IRELAND		1850 20 5	60 50 (24HR)	
IRISH WATER		1890 278	278	
HEALTH & SAFETY AUTHORITY	/ 1890 289 3		389	
ASSEMBLY AREA		Front Green	/ Or Back Yard	
EMERGENCY CO-ORDINATOR(S)	NAME Caroline Cumr	nins	PHONE 0858715137	

Appendix 3 – TYPICAL INDUCTION TOPICS

TYPICAL INDUCTION TOPICS							
PURPOSE	TO FAMILIARISE EMPLOYEES WITH THE HEALTH AND S	SAFETY RU	JLES AN	D			
	PROCEDURES BEFORE THEY START WORK.						
NO.	RECOMMENDED TOPICS TO BE DISCUSSED	YES	NO	N/A			
1.	The qualifications and experience of workers to be inducted have been checked (where required)						
2.	Employees have been briefed on equipment in the workplace						
3.	PPE is available and worn as required: Safety glasses Safety footwear High-visibility clothing Ear protection Other						



Assembly point and evacuation route Closest medical facility Closest medical facility Contact details of emergency services Provisions for emergency communications Provisions for emergency communications 5. The location of the first-aid facilities/kits Names of the first aiders and where to obtain treatment 6. Location of firefighting equipment, e.g. fire extinguishers and hose reels extinguishers and hose reels 7. Names and contact details of the Health and Safety representative(s) set 8. Location of welfare facilities (including toilets and drinking water) 9. Accident reporting procedures 10. Question and answer session NOTE: ENSURE TRAINING IS PROVIDED IN A FORM, MANNER AND LANGUAGE THAT IS REASONABLY LIKELY TO BE UNDERSTOOD BY THE EMPLOYEE PERSON RESPONSIBLE FOR CARRYING OUT INDUCTION TRAINING:	4.	Emergency procedures and location of:			
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6. Location of firefighting equipment, e.g. fire extinguishers and hose reels		Names of the first aiders and where to obtain			
extinguishers and hose reels		treatment			
7. Names and contact details of the Health and Safety representative(s) 8. Location of welfare facilities (including toilets and drinking water) 9. Accident reporting procedures 10. Question and answer session NOTE: ENSURE TRAINING IS PROVIDED IN A FORM, MANNER AND LANGUAGE THAT IS REASONABLY LIKELY TO BE UNDERSTOOD BY THE EMPLOYEE	6.	Location of firefighting equipment, e.g. fire			
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	PERSON RESE	PONSIBLE FOR CARRYING OUT INDUCTION TRAINING:			



Appendix 4 TRAINING REGISTER

	TRAINING REGISTER									
NO.	NAME	TRAINING TYPE	TRAINER	SIGNATU						
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Appendix 5 – PERSONAL PROTECTIVE EQUIPMENT REGISTER

PERSONAL PROTECTIVE EQUIPMENT REG							
NAME	COMPANY	TYPE OF PPE RECEIVED	TRAINING RECEIVED	SIGNATU			

	RESPONSIBLE PERSO		
NO.	TASKS (NON-EXHAUSTIVE)	RESPONSIBLE PERSON (WHERE REQUIRED)	SIGNATURE
1.	Ensuring the safety statement, including risk assessments, is up to		
	date, accessible and available to all		
2.	Person responsible for managing and		
	co-ordinating work activities		
3.	Ensuring records are maintained		
4.	Ensuring forms and registers are collected and filled out as required		
5.	Ensuring safety data sheets are available and appropriate control measures are in place		
6.	Ensuring accidents are investigated, reported and remedial measures implemented to prevent re-occurrence		
7.	Ensuring risk assessments are carried out and updated as necessary		
8.	Ensuring the upkeep and		
9.	maintenance of welfare facilitiesEnsuring the upkeep of the first-aid		
	box and ordering of first-aid supplies		
10.	Co-ordinating and managing training requirements		
11.	Ensuring the upkeep and maintenance of the premises and co-ordination of contractors' activities		
12.	Ensuring young persons risk assessments are carried out when necessary		
13.	Ensuring pregnancy-at-work risk assessments are carried out when necessary		
14.	Managing provision of emergency equipment and co-ordinating procedures, including provision of fire extinguishers, fire drill, evacuation planning, etc.		

INTERNAL ACCIDENT/INCIDENT INVESTIGATION FORM

INTERNAL ACC	CIDENT/INCIDEN	T INVEST	<u>IGATIO</u> N	FOR	M	
PART A – DET	AILS OF INJURED) PERSO	N			
NAME			PHONE			
ADDRESS	_					
			EMAIL			
			PPS NUMB	ER		
			DATE OF B	IRTH		
			AGE			
			POSITION			
EMPLOYMENT TYPE	E		FULL TIME		PART TIME	OTHER
				1		
OCCUPATION	EMPLOYEE	CONTRA	CTOR	MEN PUBL	IBER OF THE IC	OTHER
OUTCOME	INJURY	NEAR M	ISS	FATA		OTHER
PART B – DET	AILS OF INJURY	AND TRE	ATMENT			
TYPE OF INJURY (E.	G. BURN,					
CUT, SPRAIN) CAUSE OF INJURY (I						
MACHINE)						
PART OF BODY INJU	JRED					
AGENT (E.G. POOR	LIGHT)					
FIRST AID	YES	NO		FIRST	AIDER	
TREATED BY DOCTOR?	DOCTOR'S NAME			ADD	RESS	
HOSPITALISED?	HOSPITAL NAME			ADD	RESS	
TREATMENT RECEIV	/ED?			1		L
			CIDENT			
DATE	AILS OF ACCIDEN					
LOCATION						
DESCRIPTION OF AG	CCIDENT/INCIDENT					

OTHER	WITNESS	CCTV	PHOTO/VIDEO	OTHER
INFORMATION				
AVAILABLE?				

PART D - WITM	NESS DET	AILS (WHO		SED THE ACCIDEN	T/INCIDENT?)			
NAME				PHONE				
ADDRESS					I			
				EMAIL				
				PPS NUMB	BER			
				DATE OF B	IRTH			
				AGE				
				POSITION				
SAFE PASS NUMBER AND EXPIRY DATE				CSCS DETA	ILS			
WITNESS STATEMEN	T TAKEN?					YES	;	NO
PART E – KEY F	INDINGS	OF INV	ESTIG	ATION				
					<u></u>			
PART F – ACTIO	ONS TO P	REVENT		CURRENC	1			
ACTION					BY WHON	Л	DATE	
PART G - ITEM	S ATTACI	HED						
SKETCHES	CERTIFICA PLANT		рното	GRAPHS/VIDEO	RISK ASS	ESSMENTS	TRAIN	IING RECORDS
YES NO		10	YES	NO	YES	NO	YES	NO
DETAIL OTHER ITEMS/USE	FUL INFORMAT	ION			-		-	
PART H – OTH		MATIO	N					
ACCIDENT INVESTIGA	ATED BY				POSITION	I		
PHONE					EMAIL			
SIGNED					DATE			

APPENDIX 8 - SAFETY DATA SHEETS/REPORTS FOR HAZARDOUS SUBSTANCES

SAFETY DATA SHEETS OR REPORTS FOR HAZARDOUS SUBSTANCES

SAFETY DATA SHEET INFORMATION BRIEF

The safety data sheet (SDS) is provided to inform you of the hazards of the chemical you are using and the measures you need to take to protect your health and that of your employees. It consists of 16 obligatory sections.

Each section contains specific information relating to the chemical for which the SDS is prepared. We have SDS for each hazardous chemical that we receive from a supplier.

Please review our Safety Sheets attached from our supplier.

RISK ASSESSMENT AND ACTION LIST

RISK ASSESSMENT

RISK ASSESSMENTS WILL BE CARRIED OUT IN CONSULTATION WITH EMPLOYEES, HAVING REVIEWED THE WORKPLACE AND WORK PRACTICES, BOTH IDENTIFYING THE HAZARDS THAT EXIST AND ASSESSING THE RISKS ARISING FROM THE HAZARDS.

WHERE ADDITIONAL CONTROLS ARE REQUIRED TO AVOID OR REDUCE THE RISK, THEY WILL BE IDENTIFIED ON THE RISK ASSESSMENT ACTION LIST AND WILL BE IMPLEMENTED BY THE RESPONSIBLE PERSON

EVERY REASONABLE EFFORT WILL BE MADE TO GIVE PRIORITY TO THE IMPLEMENTATION OF CONTROLS FOR THOSE HAZARDS OF MOST CONCERN WHERE THE NECESSARY COMPETENCE TO CARRY OUT PARTICULAR RISK ASSESSMENTS IS NOT AVAILABLE IN-HOUSE, ADDITIONAL EXPERTISE WILL BE OBTAINED WHEN A PROCESS, TASK OR ACTIVITY SIGNIFICANTLY CHANGES OR A NEW ONE IS INTRODUCED:

THE EXISTING RISK ASSESSMENT WILL BE REVIEWED AND AMENDED AS REQUIRED; OR

A NEW RISK ASSESSMENT WILL BE CARRIED OUT

THIS WILL BE DONE IN CONSULTATION WITH EMPLOYEES.

ACTION LIST

FOLLOWING THE COMPLETION OF THE RISK ASSESSMENT, AN ACTION LIST WAS GENERATED. THIS IS A LIST OF CONTROLS IDENTIFIED DURING THE RISK ASSESSMENT PROCESS THAT ARE REQUIRED TO BE IMPLEMENTED IN ORDER TO REDUCE THE RISK OF ACCIDENT/ILL-HEALTH IN MY/OUR WORKPLACE. YOU SHOULD:

ASSIGN A RESPONSIBLE PERSON TO COMPLETE EACH TASK?

ASSIGN A REALISTIC GOAL DATE AND THE RESOURCES REQUIRED TO CARRY OUT EACH ACTION

FOLLOW UP TO ENSURE SATISFACTORY COMPLETION.

YOU CAN COMPLETE THIS ACTION LIST BY PRINTING AND FILLING IT OUT BY HAND OR YOU CAN RETURN TO THE 'MANAGE ACTION LIST' AND COMPLETE IT ONLINE.

Completed Risk Assessments

- 1. Electricity
- 2. Fire
- 3. Slips, Trips and Falls
- 4. Manual Handling
- 5. Chemicals
- 6. Work at Height
- 7. Workplace Transport
- 8. Display Screen Equipment
- 9. Maintenance
- 10. Driving for Work
- 11. Access to Drugs and Medicines
- 12. Contaminated Waste Disposal
- 13. Dishwasher / Glass Washer
- 14. General Equipment
- 15. Handling Raw Meat
- 16. Heating Ventilation and Air Conditioning Systems
- 17. Hot Objects
- 18. Knives and Sharp Objects
- 19. Microwave
- 20. Mixer
- 21. Oven / Hob
- 22. Bullying and Harassment
- 23. Drugs, Alcohol abuse.
- 24. First Aid
- 25. Manual Handling
- 26. Fire
- 27. Mobilie Phone / GPS

Hazard: Electricity	
Current Controls	Actioned
All new electrical installations and all extensions are tested and certified as safe, by a competent qualified electrician	Yes
Electrical installations are checked regularly by a competent qualified electrician	Yes
Refer to the 'Guidance-Note on Periodic Inspection and Testing of Electrical Installations' in 'Learn More' for more information	
Testing, certifying and repairs are carried out in accordance with appropriate NSAI (National Standards Authority of Ireland) standards	Yes
Enclosures / covers are in place to prevent contact with live electrical equipment / parts	Yes
Damaged extension leads are repaired or removed from use	Yes
Means of cutting off power (e.g. fuses, trip switches) to electrical installations and equipment are provided and employees are aware of their locations	Yes
Work on live electrical equipment is avoided where reasonably practicable	Yes
Work on live electrical equipment might be necessary to check the presence of electricity. In such cases it should only be carried out by a competent person	
Fire extinguishers that are suitable for fighting electrical fires are provided	Yes
All circuits supplying socket outlets are protected by an RCD (Residual Current Device)	Yes
Residual Current Devices save lives. They are or should be in almost every workplace in Ireland. An RCD protects you against serious electric shock if there is an electrical fault in your workplace	
Operation of the RCD () is tested regularly in accordance with the manufacturer's instructions	Yes
A special test button is provided to trip out the RCD. Be aware this will cause a loss of power to electrical equipment	

Electrical equipment and fittings are suitable for the work environment (e.g. Suitable IP-rated for protection against water or dust; EX-rated. Refer to NSAI standards)	Yes
Where electrical portable appliances are subject to on-going wear and tear, they are inspected and tested	Yes
Any scorch marks associated with an electrical appliance or electrical wiring is checked urgently by a competent person	Yes
Electrical cable reels are uncoiled during prolonged use and when using high-power items (e.g. power-hose, large lighting circuit etc) Heat can build up in coiled-up cables causing them to melt which can lead to fires or electrocutions. Electrical cable reels should only be connected to small electrical loads when coiled up; when using higher powered items make sure the cable is uncoiled Additional Controls or Information	Yes
Hazard: Fire	

Current Controls	Actioned
Sources of oxygen and ignition are controlled, amounts of flammable materials are minimised and waste is removed daily (Keep workplace clean and tidy)	Yes
Sources of ignition; e.g. naked flames, sparks from welding or grinding, overloaded / damaged electrical cables or sockets. Flammable materials; e.g. petrol, paper, flammable gases. If oxygen is used check the equipment is not leaking	
Fire alarm, manual call points and smoke / heat detectors are in place where necessary, kept in good working order and checked regularly (e.g. Daily and weekly checks by the user and three monthly and annual checks by a competent person)	Yes
You may need an automatic detection system linked to an automatic warning system (with back up battery supply) and manual call points on escape routes & at final exits. Servicing, maintenance & repair must be done by a competent person. Keep records	
Emergency routes and exits are clearly marked, kept clear at all times and lead directly outside or to a safe area	Yes
Escape routes must be adequate for the various types of people likely to use them. The number and types of persons likely to be present must be known. Emergency exit doors must always be available for use i.e. not locked when the building is occupied	
Emergency lights are installed on escape routes where necessary, at and outside exits and near call points / fire fighting equipment and are tested regularly (e.g. Weekly checks by the user and three monthly checks and annual tests by a competent person)	Yes
Emergency lights must have a back-up power source. They may be lit all the time or only light in the event of a power outage. Full standby lighting must be provided in swimming pools and high risk areas such as commercial kitchens	
Fire extinguishers are accessible, kept in good working order and inspected regularly	Yes
Firefighting equipment is for use in the early stages of a fire without exposing anyone to danger. It should be checked weekly and serviced annually by a competent person and records must be kept. Refer to the fire safety checklist in Learn More	
Employees are trained in how to raise the alarm, what to do in the event of an alarm sounding, emergency evacuation procedures and in the use of fire extinguishers	Yes
Emergency evacuation procedures are in place	Yes

Emergency procedures must take account, where necessary, of persons	
who have reduced mobility and / or understanding and may require help	
Fire drills are held regularly	Yes
Appropriate signs (e.g. assembly point, fire point) are in place	Yes
Each fire point should be signed and have a copy of the evacuation	
strategy displayed. The assembly point(s) should be in a safe location	
away from any fire hydrant and moving traffic	
Additional Controls or Information	
Hazard: Slips, Trips and Falls	1
Current Controls	Actioned
Stairs and steps are clearly visible, handrails are suitable, and distractions	Yes
are avoided	

	1
Adequate lighting, visually clear step edges and handrails, handrails that	
permit a power grip, no distractions such as posters on walls, mobile	
phones not used	
Problem stairs and steps (e.g. slippery, short or irregular steps) are	Yes
identified and extra precautions are in place	
Examples of extra precautions include slip-resistant step edges and	
highlighting surprise or irregular steps	
Pedestrian routes (including entrances and exits) are slip resistant, kept	Yes
clear and clean and are properly maintained	
Bangir damagad floaring keen outside nathways free of mass leaves at	
Repair damaged flooring, keep outside pathways free of moss, leaves etc.	
Have procedures in place for dealing with ice and snow e.g. gritting or	
salting	
Slippery surfaces have been identified and have been replaced, treated or	Yes
improved	
e.g. floor deep cleaned, spills controlled, floor mats used, slip-resistant	
footwear used or floor may need to be treated with an abrasive technique,	
acid etched, coated, or other method and new slip-resistance checked	
Floors around entrances are slip resistant when wet	Yes
riours dround entrances are sup resistant when wet	105
Wet footprints inside an entrance show that water is entering the building	
and if the flooring is not slip-resistant there is a risk of persons slipping	
Floors are wet cleaned when the workplace is closed or quiet and wet	Yes
areas are cordoned off until dry	
Remove wet floor signs when floors are dry	
Suitable slip resistant footwear is provided and worn where necessary	Yes
Choose footwear with a tread pattern and sole that will grip what is	
underfoot e.g. liquids, loose solids, ice. Consult with employees and trial	
the footwear in your workplace. 'Watch your Step–Choosing Slip-resistant	
Footwear' Info Sheet is in Learn More	
Adequate lighting is provided and is appropriate for the work being	Yes
carried out	165
Identify and consider where there is movement from high to low light work	< l
areas e.g. moving from inside to outside a building	
Spills are cleaned up immediately and absorbent materials and warning	Yes
signs are available	
Use absorbent material to soak un snills. Have these materials near areas	
Use absorbent material to soak up spills. Have these materials near areas where spills are likely	
where spills are likely	Yes
	Yes

Additional Controls or Information	
Hazard: Manual Handling	
Current Controls	Actioned
Each manual handling task is assessed (Using the risk factors) and	Yes
measures put in place where needed to avoid or reduce the risks	

Risk Factors: Load is too heavy / large / awkward or carried with arms	
outstretched. Load is lifted above shoulder height, lowered to floor level or	
carried too far. Moving the load involves bending /twisting of body or is	
done more than 30 times per hour	
Task is organised to allow the use of mechanical aids (e.g. hoist, forklift,	Yes
stairlift, gantry crane, winch, goods lift, pallet truck, trolley) to avoid or	
reduce the need for manual handling	
Maintain the equipment in good working order and make sure staff are	
trained in its correct use. Lifting equipment such as hoists and lifts must be	
examined every 6 or 12 months by a competent person. Keep records	
	Yes
Task is organised so that handling is carried out between waist and	res
shoulder height	
Where possible heavy loads should be stored at waist height and lighter	
loads stored at a higher level	
Heavy or large or unwieldy loads are broken down into more manageable	Yes
weights or sizes or suitable mechanical aids / team lifts are used	
Load weight should be reduced where possible for safe handling e.g.	
source a 10kg bag of material instead of 20kg. A two people or team lift	
may be appropriate but mechanical handling aids, e.g. trolleys, should be	
used where possible for loads above 25kg	
Work is planned to prevent handling over long distances or frequent	Yes
repetitions	
Where repetitive tasks cannot be eliminated, it is good practice to rotate	
staff. Efforts could be made to reduce carry distances by changing the	
layout of a work area or by using simple handling aids to reduce the long	
carrying distances	
Bending, twisting and unstable postures are avoided	Yes
Organise the workplace: good housekeeping, clear routes, adequate space	
and suitable equipment can allow the safe handling / movement of loads	
and prevent twisting postures. Storing materials at waist height can	
reduce bending and unstable postures	
Employees receive relevant manual handling training where necessary	Yes
The control measures to be put in place may still require employees to	
The control measures to be put in place may still require employees to	
carry out come manual bandling. Employees acciding tractice on bandling	
carry out some manual handling. Employees need instruction on how to	
assess and lift loads safely and instruction is recommended to be delivered	
assess and lift loads safely and instruction is recommended to be delivered by a trained manual handling instructor	
assess and lift loads safely and instruction is recommended to be delivered	
assess and lift loads safely and instruction is recommended to be delivered by a trained manual handling instructor	
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assess and lift loads safely and instruction is recommended to be delivered by a trained manual handling instructor	

Hazard: Chemicals Current Controls Actioned
Current ControlsActionedA list (inventory) of all chemicals used in the workplace has been preparedYes
Chemical labels (Label applied to containers of dangerous chemicals to indicate the risk and precautions to be taken) and Safety Data Sheets are

available for each chemical and the associated hazards of each chemical has been identified	
A Safety Data Sheet (SDS) is a document to be provided with all hazardous chemicals. It gives information on the chemical hazards, advice on safe handling/use/storage & emergency measures in case of an accident/spillage. Cosmetics do not require an SDS	
Employees are trained in the safe use of chemicals	Yes
The number of employees and the exposure to chemicals is assessed and minimised	Yes
Less hazardous chemicals are used where possible	Yes
Adequate ventilation is provided	Yes
A wash hand basin, soap and disposable towels/hand dryer are available	Yes
All chemicals are used, stored and disposed of in accordance with the Safety Data Sheet or supplier recommendations	Yes
Consider the risk of spillage or leakage during storage and if an outer container or bund should be in place to contain the chemical	
Eye, skin and respiratory protection (Device designed to protect the wearer from inhaling harmful, fumes, vapours, and/or gases) is provided and worn where appropriate and in accordance with the safety data sheet	Yes
Additional Controls or Information	
Hazard: Work at Height	-
Current Controls	Actioned
Work at height is avoided where possible	Yes
Appropriate barriers or work equipment (e.g. fixed railings, podium steps, mobile elevated working platforms, scaffolding) are used to prevent falls where work at height cannot be avoided	Yes

Risk assessments on podium steps, ladders, scaffolding etc are available within the browse hazard function of BeSMART.ie	
Where falls cannot be prevented, work equipment (e.g. soft landing systems, safety nets, bean bags, airbags) which minimises the risk of injury is used	Yes
Equipment that protects all employees who work at height is used instead of equipment that only protects one employee at a time (e.g. safety nets or soft landing systems instead of safety harnesses)	Yes
Work at height activities are planned and supervised	Yes
Work areas / platforms at height are stable, strong and have a 1m high parapet or double handrails	Yes
Safe access to work at height area is provided	Yes
Avoid any gaps that employees have to step across and could fall through The use of ladders is avoided or they are used only for light work of short duration	Yes
Ladders must be in good condition, used on a firm level surface and tied at the top or stabilised at the bottom. The work must be light and should not take longer than 30 minutes	
Work equipment is inspected regularly and any defects found are repaired All equipment for work at height has to be examined either every 6 or 12 months by a competent person	Yes
Materials are not stored at height or they are secured (e.g. by shrink wrapping)	Yes
Consider where materials are stored and how to safely retrieve them. Make sure you complete the 'Racking and Storage' risk assessment where relevant	
Work areas at height are kept clear of loose materials and materials are prevented from falling (e.g. by using a toeboard or barrier at the edge)	Yes
Training is provided to employees on using equipment for work at height	Yes
Personal Protective Equipment (e.g. safety harness) is provided and	Yes

Additional Controls or Information	
Hazard: Workplace Transport	
Current Controls	Actioned
Entry to the workplace is directed and controlled	Yes
Traffic can be directed using signs and ground markings, and can be	
controlled using barriers or gates	
All pedestrian and vehicle routes, crossing points, parking, loading and	Yes
vehicle only areas are clearly marked and signposted	
All routes are kept free of obstructions and any permanent obstructions	Yes

People and vehicles are kept apart	Yes
Separate vehicle and pedestrian entrances, footpaths and / or marked walkways can be used	
Vehicle reversing is eliminated, where possible	Yes
A one way system can be used. See 'Workplace Transport Safety - Reversing Vehicles' in 'Learn More' for more information	
All work areas are well lit	Yes
Loading and unloading is carried out in a designated area away from overhead obstructions (e.g. overhead power lines)	Yes
Contact with overhead electricity lines can kill. Don't allow high reach vehicles to load or unload near them	
High visibility vests / jackets are provided and worn by people who work near vehicles	Yes
Visitors are accompanied and a safe area is provided for visiting drivers during loading and unloading	Yes
Speed limits and speed ramps / rumble strips etc. are used to control speed, as needed	Yes
A person is appointed to supervise vehicle activities on site	Yes
Vehicles are maintained in good condition by a competent person as per the manufacturer's instructions	Yes
Manufacturer's and operator's manuals supplied with every vehicle should always be kept and consulted for information on use, servicing and maintenance of the vehicle. Vehicle servicing will help prevent breakdowns and keep it in a safe working condition	
All works vehicles have working amber beacons / hazard lights and reversing alarms	Yes
Dangerous parts of vehicles are guarded	Not Applicable
An unguarded power take off (PTO) is very dangerous as clothing or limbs can get caught in it as it turns	

Raised vehicle bodies are securely propped using a prop designed to carry the vehicle weight	Not Applicable
Vehicles are suitable for the work and the load, are not overloaded and all oads are secured	Yes
Forklift and tailboard goods lift are serviced regularly in accordance with the manufacturer's instructions and are examined every 12 months	Not Applicable
12 month examination must be done by a competent person. Components may need to be cleaned before servicing or examination and any defects found must be fixed promptly. If you have a forklift, make sure you complete the 'Forklift' risk assessment	
	Yes
Driver Walk-Around Check Sheets, e.g. Forklift Operator Pre-Checks, etc	Yes
are available in 'Learn More' Keys are not left in unattended vehicles	Yes
Working at height on vehicles is avoided where possible and proper access equipment (for vehicles and work at height) is provided and maintained where required	Yes
Stop blocks or chocks are used when tipping materials (to prevent the vehicle from rolling backwards)	Yes
Drivers are carefully selected and are supervised by a nominated person	Yes
All drivers are instructed, trained and authorised to drive workplace vehicles	Yes
Driver's handbook is provided	Yes
Driver operates vehicle at appropriate speed	Yes
Seatbelts, where provided, are worn at all times	Yes

Forklift truck drivers are trained	Not Applicable
Additional Controls or Information	
Hazard: Display Screen Equipment	
Current Controls	Actioned
An assessment of individual workstations is carried out	Yes
See Practical guide to DSE in Learn More. A trained assessor should go to	
the workstation of an individual & conduct an assessment to ensure it is	
set up correctly e.g. seating is adjustable, monitor set to correct height.	
Issues found should be corrected	
Work tasks are varied to ensure that employees are not working at their computers for long periods of time	Yes
Plan work activities so that people do not spend long periods of time doing	
computer work. Try to ensure that other work activities are used to break	
up computer time, including attendance at meetings, phone calls or paperwork	

Employees are given information and training on the hazards associated with computer use and the steps they can take to minimise the effect of these hazards	Yes
Give instruction to employees on how to maintain a good computer workstation set up e.g. advise employees to change posture frequently and show them how to adjust their seating	
Employees who use computers are made aware of their right to eye tests	Yes
The employer should make employees aware that they are entitled to an eye and eyesight test and the employee should consult with their employer to arrange an appointment	
Additional Controls or Information	
Hazard: Maintenance	
Current Controls	Actioned Yes
Only trained and authorised employees carry out maintenance work	res
Maintenance employees must have adequate training, knowledge and	
experience for the maintenance tasks. It should not be assumed that all specially skilled maintenance employees have full knowledge of all your	
machinery and equipment	
Maintenance employees are trained in the use of work at height	Yes
equipment, fire extinguishers, hot work permits and confined space entry as appropriate	
Maintenance which involves welding, work at height or a confined space	
requires special precautions. Make sure you complete the Work at Height	
risk assessment as needed. See Code of Practice 'Working in a Confined	

Where maintenance work may involve disturbing asbestos, all possible types and locations of asbestos are identified by a competent person and suitable control measures put in place before work commences	Yes
Most asbestos-containing materials were installed in buildings between the 1960s and the mid 1980s with asbestos cement in use until 2000. See 'Safety with Asbestos' Information sheet in Learn More for more information	
Maintenance employees are aware of all external gas, water and	Yes
electricity cut off points	
Isolation of electricity, compressed air, gas, water etc. is crucial to safe maintenance work. Suitable labels should be placed at isolation points	
Machines are isolated from electric, hydraulic and pneumatic power supplies before maintenance work starts	Yes
Isolation may be by removing the plug from the socket but more steps may be required to prevent accidental / unintended start-up of a machine e.g. isolator locked in the off position and tested. Emergency stop must not be relied on as a means of isolation	
Guards are only removed to the extent that work requires and are replaced as soon as maintenance is complete	Yes
Machinery must not to be returned to use until all guards are in place	
Machine adjustments, when parts are moving, are only carried out by maintenance employees and only when machine is at slow speed or under hold-to-run control	Yes
Care should be taken when testing equipment after repairs or maintenance	
Work areas are cordoned off to exclude unauthorised access where necessary	Yes
Workshop or storage areas used by maintenance employees are adequately lit, free from trip hazards and items are stored properly	Yes
Hazardous areas (e.g. high voltage switch room) are locked when not in use	Yes
Appropriate PPE (Personal Protective Equipment) is worn by maintenance employees and they have received training in its use	Yes
External maintenance workers report to a designated person	Yes

Tools used for maintenance are in good working order and properly	Yes
guarded where necessary	
Badly maintained tools are a potential source of accidents	
Additional Controls or Information	
Harande Duising for Work	
Hazard: Driving for Work Current Controls	Actioned
Employees have a full drivers licence, are competent, authorised and	Yes
experienced and are familiar with the vehicle	res
experienced and are familiar with the vehicle	
Valid driving license is carried and is appropriate to the vehicle being	
driven and any equipment being towed. Refer to the Road Safety	
Authority, www.rsa.ie, for information on licencing and other	
requirements for vehicles and towed machinery on the road	
Vehicles are maintained in accordance with the manufacturer's	Yes
instructions, in a roadworthy condition and fit for use	
Vehicle should be fully serviced and insured for business use. Servicing it as	
per the manual will help keep it in safe workina order and prevent	
per the manual will help keep it in safe working order and prevent breakdowns. Keep the manual in the vehicle and consult it for information	

A driving for work policy is in place and is communicated to all employees who drive for work	Yes
For more information on a driving for work policy see driver's handbook and guidelines in 'Learn More'. The policy should cover all vehicle types driven for work purposes. Vehicles must never be operated by persons under the influence of alcohol or drugs	
The use of hand held equipment (e.g. hand held phone or electronic device)is not allowed while driving	Yes
Holding a mobile phone while driving, sending SMS/MMS messages or emails even if the phone or device is held in a cradle, are not allowed	
Employees are trained in safe driving practices (e.g wearing of safety belts, speed, breaks and rest periods, use of dipped headlights during daylight hours, use of daily vehicle check list, actions in event of a collision)	Yes
Drivers should do a quick walk around of the vehicle prior to driving e.g. check fuel level, tyres, wipers, washers, lights, indicators, warning devices, load security. See Walk-Around Check Sheets, posters and information in 'Learn More'	
Safe practices and suitable aids (e.g. where it is safe to reverse, well positioned mirrors, use of reversing alarms etc) are used for reversing and aids are kept in good working order	Yes
Improve the driver's ability to see around the vehicle / load where required by providing extra aids such as convex mirrors or CCTV. Refer to the Workplace Transport Safety Reversing Vehicles guidance in 'Learn More' for more information	,
Adequate rest breaks are planned and taken, and adequate time is allowed for journeys, taking account of road, traffic and weather conditions	Yes
During daylight hours it is recommended to take a 15 minute break after 2 hours of driving. In the hours of darkness it is recommended to take rest breaks more frequently, about every 1.5 hours	
Records are kept of drivers' licences, authorisation, training, collisions, incidents, vehicle checks, maintenance, NCT / DOE and insurance	Yes
Vehicles are parked safely and legally	Yes
Vehicles should not be parked in such a way that they are liable to cause	
an obstruction to traffic or others e.g. vulnerable road users, pedestrians, cyclists or motorcyclists	

Plans are in place for dealing with vehicle breakdown and collisions, and	Yes
employees are trained	
Make sure employees know how to deal with incidents and to whom and	
how they must be reported. Breakdown cover and a breakdown kit,	
containing warning triangle, torch, high visibility clothing, fire extinguisher	
and first aid kit, should be provided	
In the event of breakdown the vehicle is safely stopped, hazard warning	Yes
lights are activated and warning triangle is used where appropriate (Try to	
park in as safe a place as possible. Avoid stopping on bends, narrow road	
sections or where there is reduced visibility)	
On motorways and high speed roads employees should exit the vehicle by	
the non-traffic side, remain clear of the vehicle and not attempt repairs.	
Warning triangle should not be used on motorways	
Additional Controls or Information	
Upport Appage to Druge and Medicines	
Hazard: Access to Drugs and Medicines	Actioned
Current Controls	Actioned
Current Controls An inventory (a list) of medicines in the workplace has been prepared and	Actioned Yes
Current Controls	
Current Controls An inventory (a list) of medicines in the workplace has been prepared and	
Current Controls An inventory (a list) of medicines in the workplace has been prepared and is kept up to date	Yes
Current Controls An inventory (a list) of medicines in the workplace has been prepared and	
Current Controls An inventory (a list) of medicines in the workplace has been prepared and is kept up to date	Yes
Current Controls An inventory (a list) of medicines in the workplace has been prepared and is kept up to date A policy on misuse of drugs is available and implemented	Yes Yes
Current Controls An inventory (a list) of medicines in the workplace has been prepared and is kept up to date A policy on misuse of drugs is available and implemented Product labels and Data sheets are available for each medicine and the	Yes
Current Controls An inventory (a list) of medicines in the workplace has been prepared and is kept up to date A policy on misuse of drugs is available and implemented	Yes Yes
Current Controls An inventory (a list) of medicines in the workplace has been prepared and is kept up to date A policy on misuse of drugs is available and implemented Product labels and Data sheets are available for each medicine and the associated hazards of handling each medicine have been identified	Yes Yes
Current Controls An inventory (a list) of medicines in the workplace has been prepared and is kept up to date A policy on misuse of drugs is available and implemented Product labels and Data sheets are available for each medicine and the associated hazards of handling each medicine have been identified A Safety Data Sheet (SDS) is a document to be provided with all hazardous	Yes Yes
Current Controls An inventory (a list) of medicines in the workplace has been prepared and is kept up to date A policy on misuse of drugs is available and implemented Product labels and Data sheets are available for each medicine and the associated hazards of handling each medicine have been identified A Safety Data Sheet (SDS) is a document to be provided with all hazardous chemicals, giving info on how e.g. to handle it safely. SDSs are not	Yes Yes
Current Controls An inventory (a list) of medicines in the workplace has been prepared and is kept up to date A policy on misuse of drugs is available and implemented Product labels and Data sheets are available for each medicine and the associated hazards of handling each medicine have been identified A Safety Data Sheet (SDS) is a document to be provided with all hazardous chemicals, giving info on how e.g. to handle it safely. SDSs are not required for all medicines but Product Data Sheets and Summary of	Yes Yes
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Current Controls An inventory (a list) of medicines in the workplace has been prepared and is kept up to date A policy on misuse of drugs is available and implemented Product labels and Data sheets are available for each medicine and the associated hazards of handling each medicine have been identified A Safety Data Sheet (SDS) is a document to be provided with all hazardous chemicals, giving info on how e.g. to handle it safely. SDSs are not required for all medicines but Product Data Sheets and Summary of Product Characteristics (SPCs) are available	Yes Yes
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All medicines are handled, stored, dispensed, labelled and disposed of in accordance with the supplier's Data sheet and in accordance with legal requirements where relevant	Yes
Medicines are stored safely, protected from unauthorised access and controlled drugs are kept in a locked cabinet or container	Yes
Procedures are in place for immediate clean up of spills of medicines, in accordance with the supplier's recommendations and PPE (Personal protective equipment) and materials for clean-up are readily available	Yes
Additional Controls or Information	
Hazard: Contaminated Waste Disposal	
Current Controls	Actioned
All materials used for cleaning potentially contaminated areas, are confined for use to that area	Yes
Bins with foot pedals are used and disposable gloves are provided and worn	Yes
All containers of contaminated waste are appropriately labelled	Yes
Containers should be secure, leak proof and contents identified Contaminated waste is segregated from other waste and securely stored for collection	Yes
Waste is collected and disposed of by a licensed contractor	Yes
Additional Controls or Information	

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Hazard: Dishwasher / Glass Washer	
Current Controls	Actioned
Machine is installed, used and maintained in accordance with the	Yes
manufacturer's manual	100
Always keep the instruction manual that comes with every piece of new	
equipment and consult it for information re use, cleaning and	
maintenance of the equipment.	
Hot water cycle stops automatically if door is opened	Yes
Employees are trained in the use of the dish/glass washer and operator's	Yes
manual is available	
Warning signs are in place	Yes
אימו ווויך ארו אומנכ	103
Baskets are not overloaded	Yes
Baskets are not overloaded	Yes

Additional Controls or Information	
Hazard: General Equipment	
Current Controls	Actioned
Equipment is used and maintained in accordance with the manufacturer's	Yes
instructions	
Equipment is maintained in good condition, reported defects are dealt	Yes
with promptly and unsafe equipment is taken out of use	
A regular visual inspection of equipment should be carried out to check for	
defects	
Employees are trained in the safe operation of equipment	Yes
Additional Controls or Information	

Current Controls	Actioned
Current Controls Employees are trained in good hygiene practices Hands are washed and work surfaces are thoroughly cleaned after	Actioned Yes
Current Controls Employees are trained in good hygiene practices Hands are washed and work surfaces are thoroughly cleaned after handling raw meat to prevent the spread of germs	Yes
Current Controls Employees are trained in good hygiene practices Hands are washed and work surfaces are thoroughly cleaned after handling raw meat to prevent the spread of germs Washing and welfare facilities are provided	
Current Controls Employees are trained in good hygiene practices Hands are washed and work surfaces are thoroughly cleaned after handling raw meat to prevent the spread of germs Washing and welfare facilities are provided One sink should be designated solely for hand washing	Yes Yes
Current Controls Employees are trained in good hygiene practices Hands are washed and work surfaces are thoroughly cleaned after handling raw meat to prevent the spread of germs Washing and welfare facilities are provided One sink should be designated solely for hand washing Raw meat waste is stored in closed containers Waste buckets should be cleaned and disinfected every time they are	Yes
Current Controls Employees are trained in good hygiene practices Hands are washed and work surfaces are thoroughly cleaned after handling raw meat to prevent the spread of germs Washing and welfare facilities are provided One sink should be designated solely for hand washing Raw meat waste is stored in closed containers Waste buckets should be cleaned and disinfected every time they are emptied Cuts are thoroughly cleaned and covered with a food-grade plaster or	Yes Yes
Current Controls Employees are trained in good hygiene practices Hands are washed and work surfaces are thoroughly cleaned after handling raw meat to prevent the spread of germs Washing and welfare facilities are provided One sink should be designated solely for hand washing Raw meat waste is stored in closed containers Waste buckets should be cleaned and disinfected every time they are emptied Cuts are thoroughly cleaned and covered with a food-grade plaster or dressing	Yes Yes Yes
Hazard: Handling Raw Meat Current Controls Employees are trained in good hygiene practices Hands are washed and work surfaces are thoroughly cleaned after handling raw meat to prevent the spread of germs Washing and welfare facilities are provided One sink should be designated solely for hand washing Raw meat waste is stored in closed containers Waste buckets should be cleaned and disinfected every time they are emptied Cuts are thoroughly cleaned and covered with a food-grade plaster or dressing Additional Controls or Information	Yes Yes Yes
Current Controls Employees are trained in good hygiene practices Hands are washed and work surfaces are thoroughly cleaned after handling raw meat to prevent the spread of germs Washing and welfare facilities are provided One sink should be designated solely for hand washing Raw meat waste is stored in closed containers Waste buckets should be cleaned and disinfected every time they are emptied Cuts are thoroughly cleaned and covered with a food-grade plaster or dressing	Yes Yes Yes

Hazard: Heating Ventilation and Air Conditioning Systems	
Hazard: Heating Ventilation and Air Conditioning Systems Current Controls	Actioned
Current Controls All ventilation, heating and air conditioning systems are used and	Actioned Yes
Current Controls	
Current Controls All ventilation, heating and air conditioning systems are used and	
Current Controls All ventilation, heating and air conditioning systems are used and maintained in accordance with the manufacturer's instructions Equipment should be serviced regularly by a competent person and records kept Only trained employees operate heating, ventilation and air conditioning	
Current Controls All ventilation, heating and air conditioning systems are used and maintained in accordance with the manufacturer's instructions Equipment should be serviced regularly by a competent person and records kept	Yes
Current Controls All ventilation, heating and air conditioning systems are used and maintained in accordance with the manufacturer's instructions Equipment should be serviced regularly by a competent person and records kept Only trained employees operate heating, ventilation and air conditioning systems and operators manuals are available Ventilation filter units are cleaned as part of general maintenance in	Yes
Current Controls All ventilation, heating and air conditioning systems are used and maintained in accordance with the manufacturer's instructions Equipment should be serviced regularly by a competent person and records kept Only trained employees operate heating, ventilation and air conditioning systems and operators manuals are available	Yes Yes
Current Controls All ventilation, heating and air conditioning systems are used and maintained in accordance with the manufacturer's instructions Equipment should be serviced regularly by a competent person and records kept Only trained employees operate heating, ventilation and air conditioning systems and operators manuals are available Ventilation filter units are cleaned as part of general maintenance in	Yes Yes
Current Controls All ventilation, heating and air conditioning systems are used and maintained in accordance with the manufacturer's instructions Equipment should be serviced regularly by a competent person and records kept Only trained employees operate heating, ventilation and air conditioning systems and operators manuals are available Ventilation filter units are cleaned as part of general maintenance in accordance with the manufacturer's instructions Accessible hot pipework is lagged as required Equipment is kept in good working order, reported defects are dealt with	Yes Yes Yes
Current Controls All ventilation, heating and air conditioning systems are used and maintained in accordance with the manufacturer's instructions Equipment should be serviced regularly by a competent person and records kept Only trained employees operate heating, ventilation and air conditioning systems and operators manuals are available Ventilation filter units are cleaned as part of general maintenance in accordance with the manufacturer's instructions Accessible hot pipework is lagged as required	Yes Yes Yes Yes
Current Controls All ventilation, heating and air conditioning systems are used and maintained in accordance with the manufacturer's instructions Equipment should be serviced regularly by a competent person and records kept Only trained employees operate heating, ventilation and air conditioning systems and operators manuals are available Ventilation filter units are cleaned as part of general maintenance in accordance with the manufacturer's instructions Accessible hot pipework is lagged as required Equipment is kept in good working order, reported defects are dealt with	Yes Yes Yes Yes

Hazard: Hot Objects	_
Current Controls	Actioned
Ovens, radiators and piping are insulated, guards are provided or	Yes
Ovens, radiators and piping are insulated, guards are provided or	
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled	Yes
Ovens, radiators and piping are insulated, guards are provided or	
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled	Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place	Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled	Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace	Yes Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace Organise work to minimise the amount and distances hot items are carried	Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace	Yes Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace Organise work to minimise the amount and distances hot items are carried	Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace Organise work to minimise the amount and distances hot items are carried	Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace Organise work to minimise the amount and distances hot items are carried	Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace <i>Organise work to minimise the amount and distances hot items are carried</i> Heat resistant gloves are provided and worn where relevant	Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace <i>Organise work to minimise the amount and distances hot items are carried</i> Heat resistant gloves are provided and worn where relevant	Yes Yes
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Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace <i>Organise work to minimise the amount and distances hot items are carried</i> Heat resistant gloves are provided and worn where relevant	Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace <i>Organise work to minimise the amount and distances hot items are carried</i> Heat resistant gloves are provided and worn where relevant	Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace <i>Organise work to minimise the amount and distances hot items are carried</i> Heat resistant gloves are provided and worn where relevant	Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace <i>Organise work to minimise the amount and distances hot items are carried</i> Heat resistant gloves are provided and worn where relevant	Yes Yes
Ovens, radiators and piping are insulated, guards are provided or temperature is controlled Warning signs are in place Care is taken when moving hot objects or liquids around the workplace <i>Organise work to minimise the amount and distances hot items are carried</i> Heat resistant gloves are provided and worn where relevant	Yes Yes

Hazard: Knives and Sharp Objects	
Current Controls	Actioned
Use of knives and sharp objects is minimised and they are stored safely (e.g. safe location, knife block, blade retracted or housed in a holster or sheath)	Yes
Safe work practices are in place for the use, cleaning and sharpening of knives and sharp objects and employees are trained	Yes
Training in safe cutting and use e.g. cutting away from the body, not leaving knives / blades in areas where others may not be aware of them e.g. in a sink or other areas	
Knives and sharp objects are checked (e.g. blade seating, blade and overall condition of knife) before use, reported defects are dealt with promptly and unsafe equipment is taken out of use	Yes
Knives or sharp object used are suitable (e.g. blade size, type of blade, holder / sheath, rounded edges, functionality and ergonomic use) for the job	Yes
Typical catagories of utility knives include bladeless cutters, concealed blades, spring loaded blade retraction, manual blade retraction, automatic blade retraction	
Blades are kept sharp and replaced as needed	Yes

PPE (Personal Protective Equipment e.g. cut resistant gloves, aprons) is provided and worn as required	Yes
Additional Controls or Information	
Hazard: Microwave	
Current Controls	Actioned
Microwave is used and maintained in accordance with the manufacturers manual	Yes
Metal is never placed in the microwave	Yes
Reported defects are dealt with promptly and unsafe equipment is taken out of use	Yes
Containers used are suitable for use in the microwave	Yes
Heat resistant gloves/cloths are provided and used when handling hot containers	Yes
Additional Controls or Information	

Hazard: Mixer	Actioned
Current Controls Mixer is used and maintained in accordance with the manufacturer's	Yes
instructions and safety devices (e.g. larger mixers will be supplied with a	
bowl cover and will not start if the moving part or cover is raised or the	
bowl is not in position)and warning signs are in place	
Do not use bowl extension rings. If the machine was supplied prior to 1995	
(not CE marked) review to see if the risks can be further reduced e.g. by	
improving the guarding. 'Guidance on the Purchase of New Machinery'	
Info Sheet is available in Learn More	
Employees are trained in the use of the mixer	Yes
Have the operators manual available	
Power to the mixer is disconnected (e.g. switch off and unplug/turn off at	Yes
isolator) when cleaning and when mixer is not in use	
	1
Mixer is positioned safely (e.g. so that the gear or clutch lover cannot fall	Voc
Mixer is positioned safely (e.g. so that the gear or clutch lever cannot fall or be knocked into gear: clear work space)	Yes
Mixer is positioned safely (e.g. so that the gear or clutch lever cannot fall or be knocked into gear; clear work space)	Yes
or be knocked into gear; clear work space)	
or be knocked into gear; clear work space) Reported defects are dealt with promptly and unsafe equipment is taken	Yes Yes
or be knocked into gear; clear work space)	
or be knocked into gear; clear work space) Reported defects are dealt with promptly and unsafe equipment is taken out of use	Yes
or be knocked into gear; clear work space) Reported defects are dealt with promptly and unsafe equipment is taken out of use Loose clothing, dangling jewellery and unsecured long hair are avoided	
or be knocked into gear; clear work space) Reported defects are dealt with promptly and unsafe equipment is taken out of use	Yes

Additional Controls or Information	
Hazard: Oven / Hob	I
Current Controls	Actioned
Oven/hob is installed, used and maintained in accordance with the manufacturer's instructions	Yes
Handles of pots/pans are secure and they do not project beyond the edge	Yes
of the hob or range	
Ladles or spoons are not left in saucepans on hotplates or rings	Yes
	163
Heat resistant gloves are provided and used	Yes
Oven is not used if the fan guard is not in place	Yes
Oven is not used if the fan guard is not in place	res
Reported defects are dealt with promptly and unsafe equipment is taken	Yes
out of use	
Pottom hingod oven doors are not left enen	Yes
Bottom-hinged oven doors are not left open	res
Additional Controls or Information	

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Risk Assessments & Controls

Precious Children Day-care Risk Assessment.

Risk :	Bullying & Harassment.
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- Activity:Normal Work Hazard.Risk to:Employees.
- Associated Hazard: Bullying/Harassment Risk of: Emotional Illness/fear/anxiety/depression. Bodily harm/stress.

Safety Coordinator: Health & Safety Officer / Manager

Control Measures	Risk Rating
The company will not tolerate bullying or	Low
harassment under any circumstances.	
The company Policy Statement on Bullying	Low
will be adhered to.	
The company Grievance Policy/Procedure	Low
will be used to deal with all complaints.	
All incidents of such behaviour will be	Low
reported and investigated immediately, and	
necessary corrective action taken.	

Review 6 monthly

Review By	Action Required	Date

Drugs, Alcohol Risk Assessment



Risk :	Drugs & Alcohol
Activity:	Work, Driving and Operating Equipment
Risk To:	Employees/Sub – contractors/clients/public.
Associated Hazard:	Loss of Control.
Risk Of:	Injury/loss of limb/life.

Control Measures	Risk Rating
The consumption of alcohol while on duty is forbidden.	Low
Arriving on duty after partaking of alcohol will not be tolerated.	Low
The use and possession of illegal substances is strictly forbidden and will result in instant dismissal.	Low

Review 6 monthly

Review By	Action Required	Date



First Aid & Accidents Risk Assessment

Activity:	All work activities.
Risk to:	Employees/Sub – contractors/clients/public.
Associated Hazards:	Insufficient/inadequate treatment.
Risk of:	Injury

Control Measures	Risk Rating
Trained Occupational First Aiders are provided.	Medium
All incidents will be recorded in the First Aid	
Book.	
All Reportable Accidents and/or Dangerous	
Occurrence will be reported to the HSA on	
IR1 or IR3, as required by statutory	
provisions. The consumption of alcohol	
while on duty is forbidden.	
All Certification is current and authorized by	Medium
a recognized First Aid Instructor.	
Adequate and appropriate First Aid	Medium
equipment is provided and maintained on	
each site and vehicle.	
Rest facility will be provided to assist	Medium
recovery.	
All incidents will be recorded in the First Aid	Medium
Book.	
All Reportable Accidents and/or Dangerous	Medium
Occurrence will be reported to the HSA on	
IR1 or IR3, as required by statutory	
provisions. The consumption of alcohol	
while on duty is forbidden.	
All incidents will be recorded in the First Aid	Medium
Book.	

Review 6 monthly

Review By Action Required Date



Fire Risk Assessment

Activity: All Tasks.



Risk to:	Employees/Public.
Associated Hazard:	Flammable materials/liquids. Toxic fumes.
Risk of:	Burns/Scalds – Death.

Control Measures	Risk Rating
All areas will be maintained free from	Medium
hazards, as far as reasonably practical.	
Areas –inside & outside- will be kept clear	
of any accumulation of rubbish and	
combustible materials. Solvents/cleaners	
will be at a minimum, stored correctly and	
in their correct containers.	
All contract work/repairs will be with	
authorized contractors and subject to a	
Permit to Work system.	
All staff will receive induction training to	
their place of work.	
All staff will be trained in the recognition of	
the causes of fire, the correct type of fire	
extinguisher to be used and how to raise	
the fire alarm. All staff will be familiar with	
at least two escape routes from their work	
area and with the fire extinguishers in their	
area.	
All passage ways/escape routes will be kept	
clear.	
Staff will familiarize themselves with the	
Emergency Evacuation Plan and know their	
Assembly Point.	
Fire points must never be obstructed.	
Extinguishers and fire systems will be	
maintained yearly or as necessary.	

Review By	Action Required	Date

Manual Handling Risk Assessment

Activity: Stacking/Loading/Delivering/Sorting Supplies. Pushing/pulling/supporting loads.



Physical handling of Clients. Driving journeys.

Risk To: Employees & Clients.

Associated Hazards: Hurting self or others.

Risk Of: Back injury/hand injury/hernia/muscle tear/cramp/crush injuries/fatigue

Control Measures	Risk Rating
As part of induction training all employees	High
will be trained in manual handling and	
client handling by a Qualified Manual	
Handling Instructor.	
Mechanical lifting devices will be supplied	
and used where possible.	
Stores/storage areas will be organized and	
proper housekeeping techniques adopted.	
Work will be arranged to avoid	
over-reaching or twisting when handling	
clients or goods.	
Employees will not carry anything that	
obscures their vision.	
Suitable trained staff will carry out two	
person lifts.	
No person who has a history of back	
trouble will undertake any manual handling	
tasks.	
Clear communication is necessary when	
physically handling clients.	
Driving long journeys leads to fatigue –	
drivers must have their seat set correctly-	
head rest set correctly- take regular	
road-breaks – remain alert	

Review By	Action Required	Date



Mobile Phones/Mobile GPS Risk Assessment

Activity:Using/operating mobile phones/microphones whilst driving.
Observing GPS whilst mobile.Risk to:Employees/visitors/ other road users/pedestrians/
cyclists/your car passengers.Associated Hazard:Loss of concentration/distraction.Risk of:Injury/ill-health/death.



Control Measures	Risk Rating
The overall use of mobile phones should be	low
kept to a minimum.	
• Mobile phones for use in car must by law	
have a fitted handsfree kit.	
 Mobile phones must be switched OFF 	
before performing any hazardous task.	
 Mobile phone must not be used whilst 	
fueling your vehicle.	
• Speed-dial numbers must be programmed	
to reduce distraction when contacting	
Office.	
 Walkmans/personal radios are not 	
permitted for use within the building or	
compound.	

Review By	Action Required	Date

Housekeeping, Include Sharps Risk Assessment

Activity:Slips Trips Falls Cuts/Infection/Dermatitis.Risk to:Employees/Clients/Visitors/Contractors.Associated Hazards.Hurt. Infection



Risk of:

Infection, broken bones, cuts/infection. Blood loss.

Control Measures	Risk Rating
Each employee must follow policy –"a place	Medium
for everything and everything in its place."	
There must be no trailing cables on floor or	
overloading of sockets. Food / hot drinks	
must be confined to welfare facility only	
and not at work desk. Smoking: Only in	
designated areas and all butts must be	
extinguished and disposed of correctly into	
waste container. Contractor Cleaners are	
employed to maintain all facilities to the	
highest hygiene standards. Chemicals used	
in cleaning may cause some persons	
dermatitis or health problems – this must	
be reported as soon as possible and a	
replacement cleanser will be used. A "Clean	
Desk" policy operates and all	
lockers/desks/cabinets must not be	
overloaded, must be clean and must be	
secured closed. Frayed carpet or mats to be	
replaced to avoid slips/ trips/falls.	
Spillages: Clean as you go. Avoid accident.	
Sharps: Wear correct gloves – dispose	
safely.	

Review By	Action Required	Date



Contractors Risk Assessment

Activity:Maintenance/Cleaning/Repairs/Service Equipment/Emergency
Repairs.Risk to.Employees/Clients/ Visitors/ Contractor Staff.Associated Hazards:Not familiar with the building.

Risk of: Injury/Death.

Control Measures Risk Rating



Policy to engage contractors who complete	Low
a Risk Assessment of the contract and	
submit their own Safety Statement	
complete with Employee SafePass details.	
Approved work to be followed in line with	
a Safe System of Work document and	
"Work Permit" documents.	
Office machinery repaired by Authorised	
Agents only.	
Couriers/An Post/Delivery persons to	
deliver to Reception only.	
Visitors: Confined to Reception Area unless	
escorted by authorised employee.	
Contractor staff to sign in/out of the	
building and on induction to site to be given	
the Safety Policy of the Company. Sign	
policy as understood.	
All contractors to operate a site- clean	
policy and safely remove all	
waste/packaging/debris.	
Safety File: new installation/new	
fittings/new drawings to be supplied by	
contractor for addition to the Site Safety	
File and updated.	

Review By	Action Required	Date

Personal Protective Equipment Risk Assessment

Activity:	Office Work/Handling Clients.
Risk to:	Employees/Clients/Visitors
Associated Hazard:	Stress
Risk of:	Cuts/Bruises/falls/stress.

Control Measures	Risk Rating



All employees must follow the company	Low
policy on dealing with fellow employees	
and clients/visitors/contractor staff.	
All Contract employees have to follow their	
training in Childcare.	
Where Uniforms are required – they must	
be clean and worn correctly. Staff should	
avoid wearing rings/chains/jewellery which	
could cause cuts to clients and injury to the	
wearer.	
When safety shoes are supplied by the	
employer, they must be used, when on	
duty.	
Gloves, suitable to the task, must be worn	
to prevent infection/contamination/illness.	

Review By	Action Required	Date

Young- Non National Workers Risk Assessment

General Activity/work
Employees
Young/Inexperienced.
Non-National Communications.

Risk of: Injury

Control Measures	Risk Rating
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No person under 18 years will be employed.	Low
All new employees will receive induction	
training and will be assigned to an	
experienced employee until considered	
safe at work. The Safety Statement will be	
part of this training induction process.	
Records will be kept of all training – Fire –	
Manual Handling – First Aid.	
Only when management is satisfied that the	
new employee is competent will he/she be	
permitted to work. All young/inexperienced	
workers will be under the direct supervision	
of a competent person for the duration of	
their training.	
All new employees must be briefed on C	
Company Policy – Equal Status – Equality –	
Data Protection	

Review By	Action Required	Date

Welfare Facilities Risk Assessment

Activity:	General Work Activities.
Risk to:	Employees/Clients/Visitors.
Associated Hazards.	Lack of Welfare Facility/Neglect.
Risk of:	Poor hygiene/wet/cold/ill-health.

Control Measures	Risk Rating



Suitable facilities will be supplied in line	Low
with the requirements versus the number	
of persons in the building.	
There will be at all times hot and cold	
running water. Separate drinking water	
supplied. All areas inspected on a regular	
basis and areas maintained to the highest	
hygiene standards. Hand dispenser for	
soap. Hygiene hand cleaner/dryer.	
All areas well lighted and ventilated. All	
supplies of paper towel stored off floor and	
suitable holders /disposal bins fitted.	
In order to protect non-smokers, smoking is	
prohibited in all areas/company vehicles	
and enclosed areas.	
Canteen facility must be maintained to the	
highest standard. Suitable tables and	
individual chairs fitted.	
All Office/Canteen/Welfare waste must be	
removed on a daily basis.	
Rento -kill contractor engaged to eliminate	
the risk of pest/vermin.	
Contractor engaged to take care of Sanitary	
Services	

Review By	Action Required	Date

Noise Risk Assessment

Activity: Risk to: Associated Hazard. Risk of: Office machinery/fans/printers. Employees. Tiredness/fatigue. Reduced hearing. Noise induced hearing loss



Control Measures	Risk Rating
All office equipment will be fitted to the	Low
highest standard and printers will be	
isolated to a noise proofed locker.	
Employees will keep telephone control	
volumes low to avoid distraction to other	
employees. Broadcast/Music Radios are	
Not Permitted. (Inc. license and IMRO	
fees).	
All machinery will receive regular	
maintenance	

Review By	Action Required	Date

Lone Workers Risk Assessment

Activity:

Risk to: Associated Hazard: Risk of: Travelling to attend meetings. Visiting childcare centres. Visiting clients in remote locations. Employees. Isolation Isolation/Harm/Threat



Alone/Weather/	dogs.
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Control Measures	Rick Pating	Г
	Risk Rating	
All internal and company meetings will b	e Low	
pre planned and agenda circulated.		
All Employees travelling to other centres		
must brief their Senior Management and		
diary their movement in the interest of		
safety.		
When any employee is working alone and	d	
visiting a client during night or day in		
isolated areas their Childcare Training an	d	
Policy must be followed: 1. Car must be		
fully fueled/ tyres pumped including spar	re	
-check oil/water/kits. 2. Mobile phone		
must be fully charged and working. 3. Yo	ur	
Office contact must be briefed of your		
schedule and planned estimated time of		
arrival at client. 4. Confirm safe arrival,		
situation brief, estimated time of		
departure. 5. Confirm departure and		
current situation. 6. Confirm home arriva	al	
and closedown.		
Prior to arrival at Client – make telephon		
contact and request dogs or other hazard		
to be removed. Always be aware that the		
family pet may react inappropriately to a	1	
stranger/visitor.		
Be aware of your route and its facilities		
when preplanning.		
Programme your phone to speed-dial you	ur	
emergency contacts/breakdown		
service/nearest Garda Station.		
112 Emergencies.		
Review By	Action Required	Date
		1



Visual Display Units Risk Assessment

Activity:Working at Desk/ComputerRisk to.Employees or ClientAssociated Hazards:Upper Limb Disorders/Pain.Risk of:Pain in body joints/back pain/wrist pain/Eye Strain.

Control Measures	Risk Rating
Under the Health, Safety and Welfare at	Low
Work Act 2005 & General Applications	
2007, it is a requirement that all employees	



using VDI in excess of or	a haur par day ara		
using VDU in excess of one hour per day are			
trained in their correct use and posture.			
• The individual is effected by the			
temperature/humidity/lighting/ noise at			
the office.			
Temperature of 17.5 deg			
approx. 45%. Lighting (no	on flicker) 300-600		
lux. Noise 55db.			
The chair must be suitabl			
and the individual must b			
any necessary adjustmen	its. A foot rest		
should be supplied on re-	quest.		
The individual must be gi	ven the facility of		
an eye sight test each yea	ar and paid for by		
the employer. Should gla	sses be required,		
the employer will provide	e payment for		
same. The screen should	be 18 to 24		
inches, square in front of	the employee.		
The desk must be free from clutter and be			
of a non reflective surface. There should be			
no glare onto the screen. To stop eye strain			
the individual should look off 20 meters to			
a focus point (ie calendar with large			
numbers) every twenty minutes for 20			
seconds. Adjustable window blind essential.			
Regular breaks must be taken – suggested			
10 minutes every hour. Vary the task on a			
regular basis and mix with filing and other			
office tasks.			
Take regular exercise for neck and			
shoulders.			
Review By		Action Required	Date



Activity: Risk to: Associated Hazard:	Working at Height Risk Assessment Storage of goods. Employees/Clients/Visitor Falls/injury/damage. Collapse.
Risk of:	Injury/ bleeding/broken bones

Control Measures	Risk Rating
Under regulations working at heights is	Low
now considered a hazard above ground	
zero level.	



 A suitable unit with platwill be provided, when requires down from a height be done with a second perform unit. Under no circumstance employee take a risk of classivel chair or stand on a item from a height. All storage will be on sh suitable level to avoid clino overreaching and therefor handling injuries. Changing of lighting will request by a competent to using the correct platform team assistant. 	equired, to take This action will erson on standby s may any limbing, using a box to take any elving at a mbing and to avoid ore causing manual I be completed on trained employee, n steps and with a		
Review By		Action Required	Date
печем ву		Action Required	Date

Emergency Procedures—Breakdowns – Vehicle Risk Assessment.

Activity:	Driving Risk to Employee /Other road users.
Associated Hazard:	Puncture/Burst tyre/ Brake failure.
	Running out of fuel
Risk of:	Accidents/injuries

Control Measures	Risk Rating
The individual must be aware that they	Low
check their transport on a regular basis for	
oil and water.	
The fuel gauge should be maintained above	
the minimum of at least one quarter tank.	
The individual must carry in their	
possession their valid driving license.	



The individual must make	e certain that		
Tax/Insurance is in order.			
The individual must be al	ert to the service		
record/requirements of t	he vehicle.		
In the event of a break do	own, bring the car		
to a halt gradually and int	to a safe location.		
Put out the required war	ning triangle,		
summon assistance as re-	quired.		
Use the hazard warning li	ights.		
If you are unable to char	ige a tyre, do not		
attempt to do so, call for	assistance.		
Do not leave laptop/Com	pany-Client		
information in any unatte	ended vehicle.		
Review By		Action Required	Date

Sample Emergency Preparedness Risk Assessment

INSTRUCTIONS:

When conducting this risk assessment, you need to evaluate every potential event in each of the three categories of likelihood, risk, and preparedness.

Add or remove events as appropriate to your facility.

Likelihood:

Consider the following:

- 1) Known risks
- 2) Past events
- 3) Manufacturer statistics



Risk:

- Consider the following:
- 1) Threat to life and/or Health & Safety
- 2) Disruption of services
- 3) Possibility of failures
- 4) Loss of community trust
- 5) Financial impact
- 6) Legal issues

Preparedness:

Consider the following: 1) What plans are in place 2) How many staff are trained 3) Insurance cover 4) Availability of back-up systems 5) Community resources

For each category assign the value that you believe accurately reflects the present situation.

Multiply the ratings for each event in the area of likelihood, risk and preparedness. The total values, in descending order, will represent the events most in need of focus and resources for emergency planning.

Determine a value below which no action is necessary. Acceptance of risk is at the discretion of the organization.

Critical Incident Plan Toolkit for Childcare Providers Emergency Preparedness Risk Assessment

EVENT LIKELIHOOD RISK

PREPAREDNESS TOTAL:

HIGH MOD LOW

LIFE HEALTH/ HIGH MOD LOW POOR FAIR GOOD

THREAT SAFETY Business Impact SCORE



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Electrical TECHNICAL Failure Fire, Internal Generator Failure Hazmat Exposure HVAC Failure Gas Leak/explosion Lightning Epidemic NATURAL occurrence Severe storm/flooding Severe cold conditions Water contamination Bomb HUMAN threat C